

## Newsletter *Monday, 4th June 2018*Week 6A Term 2

Phone 02 6377 1101 Fax 02 6377 1004

Email: coolah-c.school@det.nsw.edu.au

Website: www.coolah-c.schools.nsw.edu.au



### CCS Open Boy's Touch Make State Football Finals!

On Thursday 31st May, CCS Open Boys Touch Team made it through to compete in the State CHS Finals to be held in Dubbo in August.

After a few easy games early in the day, the boys dropped the third game to Peak Hill, this then placed them in the final against Dunedoo Central School. It was a game that had to be won or the boys and Mr Jones were looking at having to explain to Mr McLeod that they hadn't made it to the finals for the first time in many years.

The boys played a sensational game when the pressure was on and ended up with a 5 tries to 1 victory. Well done Boys!

### Deputy News with Mr Hughes



Welcome to Week 6A.

Coolah Central School subscribes to the

techniques. At the end of this report I have included a at www.studyskillshandbook.com.au procrastination.

A reminder about our Mobile Phone Policy at Coolah Central School. Students are not to use mobile phones whilst at the school. If students need to contact home, or if parents/caregivers need to contact students, they are to go through the school office 6377 1101. Students who use their phones at school will have their phones confiscated. The phone will be locked away securely in the school office and parents will be required to pick the phone up from school.

Students will be permitted to use phones in class time if explicitly allowed by the classroom teacher for an educational purpose. This could be for example videoing a science experiment to watch it back later. This policy is in place to maintain the focus on learning in the school and to avoid distractions for students.

As the weather gets cooler it's important to ensure that all students have the correct uniform. Coolah Central School Jumpers are available from the front office. They are \$40 each.

Vocal group practice continues this week for all interested students on Monday and Thursday lunchtimes in the music room.

As always I can be contacted at the school should you have any concerns.

### STUDY SKILLS HANDBOOK NEWSLETTER ITEM **FOR JUNE**

Study Skills Handbook. This website is a Do you ever find yourself procrastinating? You mean source of important information and support to start work on an assignment, but you just keep for students and has units of work on many putting it off until it ends up being a mad rush the night topics relating to the development of effective study before it is due. The Overcoming Procrastination unit section from the handbook about overcoming reasons why students procrastinate and what techniques they can try to overcome this common problem. Setting work targets with rewards at the end of each completed step is a well-known strategy, but an example of a less commonly known technique is the 'two-fer' concept. For this technique you have two tasks, one you don't mind doing and one you have been procrastinating about. Decide on a set period of time that you will work for. During this time, if you have any trouble working on one task or reach a point where you have a bit of a mental blank, you should then switch to the other task and alternate between them. Of course it is better to focus solely on one task but if this isn't working by alternating between two tasks at least you are being productive for the whole period of time and forcing yourself to do some work on the less favoured task.

> You might also like to visit the **Assignment Skills** unit at www.studyskillshandbook.com.au for some more ideas on approaching assignments.

Our school's subscription details are -

Username: coolahcs Password: 28results

Secondary Homework Centre will be operating Secondary Computer Room from 1.30pm -2.00pm on Tuesdays and Wednesdays. Students will have access to computers and teacher support to assist with homework and assessment tasks.



### **Regional Cross Country**

This event is fast approaching, Friday 15th June and we are going to need some helpers to ensure the day runs smoothly and Coolah maintains the great name we have forged by hosting this carnival.

If you are able to help out by sitting on a checkpoint, or working in the canteen/coffee van or in the school canteen on this day, please ring the front office on 63771101 as soon as possible and thank you for your assistance.



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### K-6 News

Last week Zone Netball and Softball trials were held in Coolah. A huge congratulations to all students you participated. Congratulations to Jessica, Kiesha, Phoebe, Fiora and Milly who were selected to play at North West Netball later this month in Tamworth and to Phoebe, Alice, Jack, Hallam and Lachlan who were selected to participate at North West Softball, to be held in Tamworth in Week 7 of this Term.

Now that Winter has arrived and the children are wearing their Winter uniform, please check that all items of clothing, particularly jumpers and jackets, are clearly labelled. After repeated washing, the names do wear off and they need to be written again.

Also the students need to wear their correct uniform please. Last week there were a few Junior League and Netball trackpants and coloured jumpers being worn.

As our school is a nut free school, the children have been asked not to bring any food which contains nuts. This includes nutella, peanut butter and any other foods which may contain nuts. Let's be vigilant with this so that everyone remains safe and healthy at our school.

Homework and Assignments Due					
Kindergarten/ Year 1	Unit 14 Home Readers Sight/ words/Spelling Words	Due Friday Daily practising of home readers and sight words/Spelling words.			
Year 1/2	Unit 16 Home Readers Spelling Words	Due Friday Read each book twice—the second time you should hear an improve- ment in fluency and expression. Daily - 'i_e', 'l', 'igh', 'ie'.			
Year 2/3	Yr. 2 - Unit 15 / Yr. 3 - Unit 14 Spelling words  15 minutes of reading.	Due Friday  'i_e' in ice-cream, 'my as in fly, 'igh' as in night and 'l' as in spider and 'ie' pie.  Daily - Please remember your reading logs			
Year 3/4	Unit 16 Spelling words 15 minutes of reading.	Due Friday Daily- 'i_e, (ice-cream) y, (fly)igh, (night) I, (spider) ie (pie) Daily-			
Year 5	Unit 15 Spelling words 15 minutes of reading.	Due Friday i_e' in ice-cream, 'my as in fly, 'igh' as in night and 'l' as in spider and 'ie' pie. Daily-			
Year 5/6	Contract 16 Spelling words 20 minutes of reading.	Due Friday Daily - i_e, (ice-cream) y, (fly)igh, (night) I, (spider) ie (pie) Daily- remember to return reading logs			
Learning and Support	Unit 16 Sight and Spelling words 15 minutes of reading.	Due Friday Daily- i_e, (ice-cream) y, (fly)igh, (night) I, (spider) ie (pie) Daily			



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### SECONDARY SCHOOL ASSESSMENT/ASSIGNMENTS

Year 7	<ul> <li>PDHPE: Dance assessment week 9</li> <li>Geography: Oral Presentation 6th June onwards</li> <li>Geography: Skills Test 6th June</li> </ul>
Year 8	<ul> <li>English - Persuasive Brochure—Due Friday</li> <li>Year 8 History Examination Week 6 Thursday</li> <li>History—In class Assessment Week 8</li> </ul>
Year 9	<ul> <li>Stage 5.1/5.2 Maths Assignment due 8th June</li> <li>Food Technology: Recipe June 4. Written June 13th. Practical: June 19th.</li> <li>Geography: Research Task 15th June</li> <li>Geography: Skills test 18th June</li> <li>English Multimodal Task— 18th June</li> </ul>
Year 10	<ul> <li>Stage 5.1/5.2 Maths Assignment due 8th June</li> <li>Food Technology: Recipe June 4. Written June 13th. Practical: June 19th.</li> <li>English Multimodal Task—18th June</li> <li>History - Examination preparation for Tuesday Week 7</li> </ul>
Year 11	<ul> <li>Advanced English - Weekly Journal Task</li> <li>Geography - Coastal management ALARM ongoing</li> <li>Major Project and Folio Due 31st August</li> <li>SLR: First Aid Class test Thursday 14th June.</li> <li>Hospitality: Moodle topics: see in class deadline sheet</li> <li>Hospitality Cluster 2B: Written and practical 1June 18 . Practical 2: July 2nd</li> </ul>
Year 12	<ul> <li>Geography - Essay Plan/Draft Weekly</li> <li>Advanced English - TS Eliot Essay .</li> <li>IT Metals Project &amp; Folio Due 16th August</li> <li>SLR: First Aid Class test Thursday 14th June.</li> <li>Hospitality: Cluster Sandwich Preparation assessment June 13th</li> </ul>



2018 Semester One HSIE Yearly Examinations
Thursday 7th June: 8 History (Period 1)
Tuesday 12th June: 7 Geography (Period 3)
9 Geography (Period 5)
10 History (Period 5)

may be additional homework or teacher correspondence

CAREER DAY AT
TARONGA WESTERN PLAINS ZOO
DUBBO
INFORMATION ABOUT JOBS AT THE ZOO
FOR YEARS 9 & 11
SEE MRS STANIFORTH



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**CCS Calendar of Events -**

**CCS Calendar of Events - Week 6** 

June 4-8

**TVET Work Placement** 

MORE ABOUT OUR COURSES	COME TO MYDAY AT CSU AND FIND OUT
	TUO

- **Bachelor of Nursing**
- Bachelor of Social Work
- Primary) Bachelor of Education (Early Childhood and

9:30am - 2:30pm WHEN: Thursday 5 July

WHERE: Charles Sturt University – Dubbo

Tony McGrane Place, Dubbo

**DRESS**: Casual clothing, closed in shoes for

Practical / Laboratory sessions

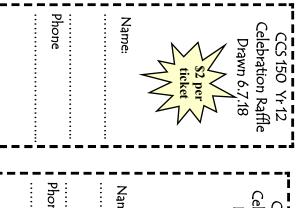
from the on campus food outlets **FOOD:** Food and beverages can be purchased

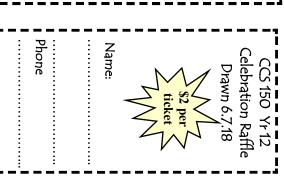
Practical / Laboratory sessions students, and can attend all sessions except **PARENTS:** Parents are welcome to attend with

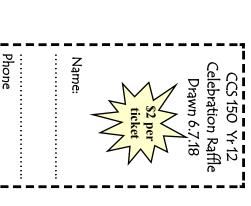
See your careers adviser for a registration form or register: csu.edu.au/myday

June 11	<ul> <li>Queen's Birthday</li> </ul>
June 12	<ul> <li>Primary Boys         North West             Softball     </li> </ul>
June 13	<ul> <li>Primary Girls         North West         Softball     </li> </ul>
June 14	<ul><li>9/10 Tafe</li><li>ICAS Writing</li></ul>
June 15	<ul> <li>Regional Cross Country</li> </ul>

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	150		COLLEG	S S S S S S S S S S S S S S S S S S S		June 4-5	
RAFIE	CCS YEAR 12		• 9/10 Tafe	Secondary Lawr	Equestrian Expo	• Coonabarabran	









1 Bowls

### **Merriwa Farm Safety and Technology Expo**

Last Thursday, Year 11/12 Primary Industries and Years 10, 11 and 12 Agriculture students from Coolah Central School attended the Merriwa Farm Safety and Technology Expo. Student and farmer groups all moved around the stations which included Livestock Handling, Quad Bike and Side by Side Safety, Injuries on Farms, and an Agriculture Technology seminar on the developments in sensors, GPS and drones. There were stalls that displayed emerging technologies such as water sensors in troughs, electronic ear tags and electric fencing sensors that are all linked to mobile phone apps for ease of management. The highlight of the day though was the drone session, where each student tried their skills and fell in love with drones. Their uses and legalities on the farm were explained with each student now having one written on their Christmas Wish list for Santa. An ABC news crew was filming on the day and on Sunday night, a segment aired featuring our students and Caitlin talking on farm safety. Well done Caitlin on speaking so well! Next term, Year 12 Agriculture students start their last HSC topic "Farming for the 21<sup>st</sup> Century" which covers all the new and emerging technologies in Agriculture. This expo has given us a great insight into the future of agriculture and the importance of keeping up with innovation globally. Days like these do not exist without the hard work of many. Thankyou to Rob Tindall and his team from Merriwa Show Society for putting on such a great day.







### **Cattle Club News**

We are looking forward to the upcoming Spring Show season and have 4 steers in to school already. Another 4 steers will be arriving in the coming weeks. The Primary Industries class is busily quieting the steers and getting them ready for Cattle Club activities. Cattle Club will start up on Monday afternoons from 3.15pm- 4.15pm from this Week Term. Further information will be in coming newsletters.

Thankyou Derek and Robyn
Rhodes for donating some
great pigs to the Ag Plot. They
grew really well and enjoyed
their menu of wheat, lupins
and fresh chicken!! The funds
from the pigs will be put
towards our upcoming cattle
shows. THANKYOU!!



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### **Junior Judging Workshop**

Trio Angus in conjunction with RaynerAg invite interested students to attend a Junior Judging Clinic at Trio Angus Stud at Cassilis on Saturday June 30th. The Clinic runs from 9.30am to 3.30pm.

The workshop is designed for young judges interested in developing their live assessment skills, terminology, comparisons and public speaking.

This is an out of school activity and parents are to provide supervision of their child.

Workshop places are limited to a maximum of 15

Cost \$90.00 + GST

RSVP by 24th June

Catering Sponsored by Trio Angus

For bookings and information please contact Shelley Piper on 0428315331.



## YEAR 12 RAFFLE FUNDRAISER FOR A NEW TIME CAPSULE AND PLAQUE FOR THE

# 150TH ANNIVERSARY OF COOLAH CENTRAL SCHOOL

**IST PRIZE**-2 NIGHTS AT MANTRA AQUA IN NELSON BAY WITH POOL VIEW IN A 2 BEDROOM APARTMENT

Z

Family Pass (2 adults, 2 kids(3-16yrs)to Oakvale Wildlife Park

2nd PRIZE- BIG 4 2 YEAR CLUB MEMBERSHIP VALUED AT \$50 AND OFFERING A 10% DISCOUNT

AND

Family Pass to Taronga Western Plains Zoo in Dubbo

3rd Prize- Annette Piper Jewellery \$100 Voucher

4TH PRIZE- \$50 VOUCHER FOR BUNNAMAGOO MUDGEE

I childs 'Big Bunch of Fun' pass at The Big Banana Fun Park valued at over \$59

DRAWN END OF TERM 2 ASSEMBLY 6.7.18

\$2 PER TICKET
OR
3 FOR \$5

YEAR 12 RAFFLE FUNDRAISER FOR A NEW TIME CAPSULE AND PLAQUE FOR THE

# 150TH ANNIVERSARY OF COOLAH CENTRAL SCHOOL

THANK YOU FOR YOUR GENEROUS DONATIONS,

Mantra Aqua Nelson Bay Oakvale Wildlife Park Big 4 Holiday Parks of Australia Pty Ltd

Taronga Conservation Society and Western plains Zoo Annette piper Jewellery Bunnamagoo Mudgee The Big Banana Pty Ltd



PLEASE REMEMBER
TO ORDER YOUR
CHILDS LUNCH FROM
THE NEW CANTEEN
MENU.

THE MENU HAS
CHANGED FROM
LAST TERM AND
SOME FOOD ITEMS
ARE NO LONGER
AVAILABLE.



Secondary PBL Raffle Winners

Isabella Yr 7 – HSIE Lachlan Yr 9 Science Rosemaree Yr 7 English Stephanie Yr 11 – HSIE

Students receive a \$5.00 voucher to spend at the School Canteen.

## Canteen Weekly Specials



Tuesday





**Thursday** 

Sausages, Potato & Peas Or Kids Meal Deal

Macroni Cheese Popper & Muffin \$6

**Chicken Pasta** 





## Coolah Central School School Canteen Menu Term 2 & 3

Sandwiches/Rolls/Wraps/Bowls				
(Sandwich \$4.50, Wrap \$4.50)				
Chicken, Lettuce, Beetroot, Carrot, Tomato, Cheese Cucumber & Mayo				
Ham, Lettuce, Beetroot, Carrot, Tomato, Cheese Cucumber & Mayo				
Salad – Lettuce, Beetroot, Carrot, Tomato, Cheese Cucumber & Mayo				
Chicken Tender Wrap Cheese & Lettuce				
Salad Bowl - Lettuce, Beetroot, Carr Tomato, Cucumber, Cheese, Egg	ot, \$5.50			
Small Salad Cup - Lettuce, Beetroot, Carrot, Tomato, Cucumber, Cheese	\$2.00			
Meat/Salad Bowl - Lettuce, Beetroot, Egg Carrot, Tomato, Cucumber, Cheese \$6.00				
Egg Lettuce Sandwich	\$3.50			
Ham/Chicken/Corn Beef	\$3.00			
Turkey Cheese Avocado	\$3.00			
Egg	\$3.00			
Vegemite \$2.00				
Cheese/Tomato (Extra fillings \$.30c) (Dressing \$.50	\$3.00 Oc) (Toasted)			

Hot Foods	
Chicken Wedges (2 per serve)	\$1.50
Chicken Tenders/Sweet Chilli	\$2.00
Pies	\$3.50
Mini Pies	\$2.00
Sausage Rolls	\$3.00
Beef Lasagne	\$5.00
Soup of the Day (Mon, Wed, Fri (Served with Bread Roll)	\$4.00
(Chicken/Plain Salt free)	(Sauce \$.30c)

### Lunch Special -\$6.00 - Every Thursday

Keep an eye out in the school's newsletter every Monday for the details

Drinks		
Milkshake	med lge	\$2.00 \$3.00
Flavoured Milk	sml Lge	\$2.00 \$3.50
Fruit Juice	sml Ige	\$2.00 \$3.50
Slush Puppie		\$2.00
Water		\$2.00
Cans		\$2.50
Poppers		\$1.50
Hot Chocolate		\$2.00



<u>Snacks</u>	
Pikelets (Freshly made, 2 per serve) (Toppings extra \$1.00)	\$1.00
Potato Chips/JJ'S Chicken	\$1.50
Muffins (Freshly made)	\$2.00
Fruit Salad Bowl	\$4.00
Small Fruit Salad Cup	\$2.00
Frozen Yoghurt	\$2.00
Calippo	\$1.00
Paddlepops	\$1.50
Paddlepop Twists	\$1.00
Yoghurt Frogs	.20c
Ovaltines	\$1.00
Popcorn	.50c

We offer homemade, tasty, nutritious meals and snacks in accordance with NSW Healthy Schools Canteen Strategy 2017. Recipes, suppliers and methods are available on request. All feedback and suggestions are welcome. Come and see us or email coolahcentralschoolpandc@gmail.com