



**Newsletter *Monday, 4th June 2018***  
**Week 6A Term 2**

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**CCS OPEN BOY'S  
TOUCH TEAM  
OFF TO STATE**



**CCS Open Boy's Touch Make State Football Finals!**

On Thursday 31st May, CCS Open Boys Touch Team made it through to compete in the State CHS Finals to be held in Dubbo in August.

After a few easy games early in the day, the boys dropped the third game to Peak Hill, this then placed them in the final against Dunedoo Central School. It was a game that had to be won or the boys and Mr Jones were looking at having to explain to Mr McLeod that they hadn't made it to the finals for the first time in many years.

The boys played a sensational game when the pressure was on and ended up with a 5 tries to 1 victory. Well done Boys!





Welcome to Week 6A.

Coolah Central School subscribes to the Study Skills Handbook. This website is a source of important information and support for students and has units of work on many topics relating to the development of effective study techniques. At the end of this report I have included a section from the handbook about overcoming procrastination.

A reminder about our Mobile Phone Policy at Coolah Central School. Students are not to use mobile phones whilst at the school. If students need to contact home, or if parents/caregivers need to contact students, they are to go through the school office 6377 1101. Students who use their phones at school will have their phones confiscated. The phone will be locked away securely in the school office and parents will be required to pick the phone up from school.

Students will be permitted to use phones in class time if explicitly allowed by the classroom teacher for an educational purpose. This could be for example videoing a science experiment to watch it back later. This policy is in place to maintain the focus on learning in the school and to avoid distractions for students.

As the weather gets cooler it's important to ensure that all students have the correct uniform. Coolah Central School Jumpers are available from the front office. They are \$40 each.

Vocal group practice continues this week for all interested students on Monday and Thursday lunchtimes in the music room.

As always I can be contacted at the school should you have any concerns.

## STUDY SKILLS HANDBOOK NEWSLETTER ITEM FOR JUNE

Do you ever find yourself procrastinating? You mean to start work on an assignment, but you just keep putting it off until it ends up being a mad rush the night before it is due. The **Overcoming Procrastination** unit at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) looks at the reasons why students procrastinate and what techniques they can try to overcome this common problem. Setting work targets with rewards at the end of each completed step is a well-known strategy, but an example of a less commonly known technique is the 'two-fer' concept. For this technique you have two tasks, one you don't mind doing and one you have been procrastinating about. Decide on a set period of time that you will work for. During this time, if you have any trouble working on one task or reach a point where you have a bit of a mental blank, you should then switch to the other task and alternate between them. Of course it is better to focus solely on one task but if this isn't working by alternating between two tasks at least you are being productive for the whole period of time and forcing yourself to do some work on the less favoured task.

You might also like to visit the **Assignment Skills** unit at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) for some more ideas on approaching assignments.

**Our school's subscription details are -**

**Username: coolahcs**

**Password: 28results**

**Secondary Homework Centre will be operating in the Secondary Computer Room from 1.30pm —2.00pm on Tuesdays and Wednesdays. Students will have access to computers and teacher support to assist with homework and assessment tasks.**

## Regional Cross Country



This event is fast approaching, Friday 15th June and we are going to need some helpers to ensure the day runs smoothly and Coolah maintains the great name we have forged by hosting this carnival.

If you are able to help out by sitting on a checkpoint, or working in the canteen/coffee van or in the school canteen on this day, please ring the front office on 63771101 as soon as possible and thank you for your assistance.



# K-6 News

Last week Zone Netball and Softball trials were held in Coolah. A huge congratulations to all students you participated. Congratulations to Jessica, Kiesha, Phoebe, Fiora and Milly who were selected to play at North West Netball later this month in Tamworth and to Phoebe, Alice, Jack, Hallam and Lachlan who were selected to participate at North West Softball, to be held in Tamworth in Week 7 of this Term.

Now that Winter has arrived and the children are wearing their Winter uniform, please check that all items of clothing, particularly jumpers and jackets, are clearly labelled. After repeated washing, the names do wear off and they need to be written again.

Also the students need to wear their correct uniform please. Last week there were a few Junior League and Netball trackpants and coloured jumpers being worn.

As our school is a nut free school, the children have been asked not to bring any food which contains nuts. This includes nutella, peanut butter and any other foods which may contain nuts. Let's be vigilant with this so that everyone remains safe and healthy at our school.

Homework and Assignments Due		
Kindergarten/ Year 1	Unit 14 Home Readers Sight/ words/Spelling Words	Due Friday Daily practising of home readers and sight words/Spelling words.
Year 1/2	Unit 16 Home Readers Spelling Words	Due Friday Read each book twice—the second time you should hear an improve- ment in fluency and expression. Daily - 'i_e' , 'l', 'igh', 'ie'.
Year 2/3	<b>Yr. 2 - Unit 15 / Yr. 3 - Unit 14</b> Spelling words  15 minutes of reading.	Due Friday 'i_e' in <b>ice-cream</b> , 'my as in <b>fly</b> , 'igh' as in <b>night</b> and 'l' as in <b>spider</b> and 'ie' <b>pie</b> . Daily - Please remember your reading logs
Year 3/4	Unit 16 Spelling words  15 minutes of reading.	Due Friday Daily- 'i_e, (ice-cream) y, (fly)igh, (night) l, (spider) ie (pie) Daily-
Year 5	Unit 15 Spelling words  15 minutes of reading.	Due Friday i_e' in <b>ice-cream</b> , 'my as in <b>fly</b> , 'igh' as in <b>night</b> and 'l' as in <b>spider</b> and 'ie' <b>pie</b> . Daily-
Year 5/6	Contract 16 Spelling words  20 minutes of reading.	Due Friday Daily - i_e, (ice-cream) y, (fly)igh, (night) l, (spider) ie (pie) Daily- remember to return reading logs
Learning and Support	Unit 16 Sight and Spelling words  15 minutes of reading.	Due Friday Daily- i_e, (ice-cream) y, (fly)igh, (night) l, (spider) ie (pie) Daily



## SECONDARY SCHOOL ASSESSMENT/ASSIGNMENTS

<b>Year 7</b>	<ul style="list-style-type: none"> <li>◆ PDHPE: Dance assessment week 9</li> <li>◆ Geography: Oral Presentation 6th June onwards</li> <li>◆ Geography: Skills Test 6th June</li> </ul>
<b>Year 8</b>	<ul style="list-style-type: none"> <li>◆ English - Persuasive Brochure—Due Friday</li> <li>◆ Year 8 History Examination Week 6 Thursday</li> <li>◆ History—In class Assessment Week 8</li> </ul>
<b>Year 9</b>	<ul style="list-style-type: none"> <li>◆ Stage 5.1/5.2 Maths Assignment due 8th June</li> <li>◆ Food Technology: Recipe June 4. Written June 13th. Practical: June 19th.</li> <li>◆ Geography: Research Task 15th June</li> <li>◆ Geography: Skills test 18th June</li> <li>◆ English Multimodal Task— 18th June</li> </ul>
<b>Year 10</b>	<ul style="list-style-type: none"> <li>◆ Stage 5.1/5.2 Maths Assignment due 8th June</li> <li>◆ Food Technology: Recipe June 4. Written June 13th. Practical: June 19th.</li> <li>◆ English Multimodal Task—18th June</li> <li>◆ History - Examination preparation for Tuesday Week 7</li> </ul>
<b>Year 11</b>	<ul style="list-style-type: none"> <li>◆ Advanced English - Weekly Journal Task</li> <li>◆ Geography - Coastal management ALARM ongoing</li> <li>◆ Major Project and Folio Due 31st August</li> <li>◆ SLR: First Aid Class test Thursday 14th June.</li> <li>◆ Hospitality: Moodle topics: see in class deadline sheet</li> <li>◆ Hospitality Cluster 2B: Written and practical 1 June 18 . Practical 2: July 2nd</li> </ul>
<b>Year 12</b>	<ul style="list-style-type: none"> <li>◆ Geography - Essay Plan/Draft <b>Weekly</b></li> <li>◆ Advanced English - TS Eliot Essay .</li> <li>◆ IT Metals Project &amp; Folio Due 16th August</li> <li>◆ SLR: First Aid Class test Thursday 14th June.</li> <li>◆ Hospitality: Cluster Sandwich Preparation assessment June 13th</li> </ul>
<p><b>Can parents and guardians please check students diaries as there may be additional homework or teacher correspondence</b></p>	



**2018 Semester One HSIE Yearly Examinations**  
**Thursday 7th June: 8 History (Period 1)**  
**Tuesday 12th June: 7 Geography (Period 3)**  
**9 Geography (Period 5)**  
**10 History (Period 5)**

**CAREER DAY AT**  
**TARONGA WESTERN PLAINS ZOO**  
**DUBBO**  
**INFORMATION ABOUT JOBS AT THE ZOO**  
**FOR YEARS 9 & 11**  
**SEE MRS STANIFORTH**





## COME TO MYDAY AT CSU AND FIND OUT MORE ABOUT OUR COURSES

- Bachelor of Nursing
- Bachelor of Social Work
- Bachelor of Education (Early Childhood and Primary)

**WHEN:** Thursday 5 July

9:30am – 2:30pm

**WHERE:** Charles Sturt University – Dubbo

Tony McGrane Place, Dubbo

**DRESS:** Casual clothing, closed in shoes for Practical / Laboratory sessions

**FOOD:** Food and beverages can be purchased from the on campus food outlets.

**PARENTS:** Parents are welcome to attend with students, and can attend all sessions except Practical / Laboratory sessions

See your careers adviser for a registration form or register: [csu.edu.au/myday](http://csu.edu.au/myday)

CCS Calendar of Events - <u>Week 7</u>	
June 11	• Queen's Birthday
June 12	• Primary Boys North West Softball
June 13	• Primary Girls North West Softball • ICAS Spelling
June 14	• 9/10 Tafe • ICAS Writing
June 15	• Regional Cross Country

CCS Calendar of Events - <u>Week 6</u>	
June 4-8	• TVET Work Placement
June 4-5	• Coonabarabran Equestrian Expo
June 8	• Secondary Lawn Bowls • 9/10 Tafe



CCS 150 Yr 12  
Celebration Raffle  
Drawn 6.7.18

**\$2 per ticket**

Name: .....

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Phone .....

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CCS 150 Yr 12  
Celebration Raffle  
Drawn 6.7.18

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Name: .....

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Name: .....

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Phone .....

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## Merriwa Farm Safety and Technology Expo

Last Thursday, Year 11/12 Primary Industries and Years 10, 11 and 12 Agriculture students from Coolah Central School attended the Merriwa Farm Safety and Technology Expo. Student and farmer groups all moved around the stations which included Livestock Handling, Quad Bike and Side by Side Safety, Injuries on Farms, and an Agriculture Technology seminar on the developments in sensors, GPS and drones. There were stalls that displayed emerging technologies such as water sensors in troughs, electronic ear tags and electric fencing sensors that are all linked to mobile phone apps for ease of management. The highlight of the day though was the drone session, where each student tried their skills and fell in love with drones. Their uses and legalities on the farm were explained with each student now having one written on their Christmas Wish list for Santa. An ABC news crew was filming on the day and on Sunday night, a segment aired featuring our students and Caitlin talking on farm safety. Well done Caitlin on speaking so well! Next term, Year 12 Agriculture students start their last HSC topic "Farming for the 21<sup>st</sup> Century" which covers all the new and emerging technologies in Agriculture. This expo has given us a great insight into the future of agriculture and the importance of keeping up with innovation globally. Days like these do not exist without the hard work of many. Thankyou to Rob Tindall and his team from Merriwa Show Society for putting on such a great day.



### Cattle Club News

We are looking forward to the upcoming Spring Show season and have 4 steers in to school already. Another 4 steers will be arriving in the coming weeks. The Primary Industries class is busily quieting the steers and getting them ready for Cattle Club activities. **Cattle Club will start up on Monday afternoons from 3.15pm- 4.15pm from Week 8 this Term.** Further information will be in coming newsletters.

**Thankyou Derek and Robyn Rhodes for donating some great pigs to the Ag Plot. They grew really well and enjoyed their menu of wheat, lupins and fresh chicken!! The funds from the pigs will be put towards our upcoming cattle shows. THANKYOU!!**



### **Junior Judging Workshop**

Trio Angus in conjunction with RaynerAg invite interested students to attend a Junior Judging Clinic at Trio Angus Stud at Cassilis on Saturday June 30th. The Clinic runs from 9.30am to 3.30pm.

The workshop is designed for young judges interested in developing their live assessment skills, terminology, comparisons and public speaking.

This is an out of school activity and parents are to provide supervision of their child.

Workshop places are limited to a maximum of 15

Cost \$90.00 + GST

RSVP by 24th June

Catering Sponsored by Trio Angus

**For bookings and information please contact  
Shelley Piper on 0428315331.**



YEAR 12 RAFFLE FUNDRAISER FOR A NEW  
TIME CAPSULE AND PLAQUE FOR THE  
**150TH ANNIVERSARY  
OF COOLAH CENTRAL  
SCHOOL**

**1ST PRIZE-**2 NIGHTS AT MANTRA AQUA IN NELSON BAY WITH  
POOL VIEW IN A 2 BEDROOM APARTMENT

**AND**

FAMILY PASS (2 ADULTS, 2 KIDS(3-16YRS)TO OAKVALE WILDLIFE  
PARK

**2ND PRIZE-** BIG 4 2 YEAR CLUB MEMBERSHIP VALUED AT \$50  
AND OFFERING A 10% DISCOUNT

**AND**

FAMILY PASS TO TARONGA WESTERN PLAINS ZOO IN DUBBO

**3RD PRIZE-** ANNETTE PIPER JEWELLERY \$100 VOUCHER

**4TH PRIZE-** \$50 VOUCHER FOR BUNNAMAGOO MUDGEE  
**AND**

1 CHILD'S 'BIG BUNCH OF FUN' PASS AT THE BIG BANANA FUN  
PARK VALUED AT OVER \$59

**DRAWN END OF TERM 2 ASSEMBLY 6.7.18**

**\$2 PER TICKET**

**OR**

**3 FOR \$5**

YEAR 12 RAFFLE FUNDRAISER FOR A NEW  
TIME CAPSULE AND PLAQUE FOR THE  
**150TH ANNIVERSARY  
OF COOLAH CENTRAL  
SCHOOL**

**THANK YOU FOR YOUR GENEROUS  
DONATIONS,**

MANTRA AQUA NELSON BAY

OAKVALE WILDLIFE PARK

BIG 4 HOLIDAY PARKS OF AUSTRALIA PTY  
LTD

TARONGA CONSERVATION SOCIETY AND

WESTERN PLAINS ZOO

ANNETTE PIPER JEWELLERY

BUNNAMAGOO MUDGEE

THE BIG BANANA PTY LTD





**PLEASE REMEMBER  
TO ORDER YOUR  
CHILDS LUNCH FROM  
THE NEW CANTEEN  
MENU.**

**THE MENU HAS  
CHANGED FROM  
LAST TERM AND  
SOME FOOD ITEMS  
ARE NO LONGER  
AVAILABLE.**



## **Secondary PBL Raffle Winners**

Isabella Yr 7 - HSIE  
Lachlan Yr 9 Science  
Rosemarie Yr 7 English  
Stephanie Yr 11 - HSIE

Students receive a \$5.00 voucher to spend at the  
School Canteen.

## **Canteen Weekly Specials**



**Tuesday**

**Sausages, Potato  
& Peas  
Or  
Kids Meal Deal  
Macroni Cheese  
Popper & Muffin**

**LUNCH  
SPECIAL**

**\$6**



**Thursday**

**Chicken Pasta**





# Coolah Central School

## School Canteen Menu

### Term 2 & 3

#### Sandwiches/Rolls/Wraps/Bowls

(Sandwich \$4.50, Wrap \$4.50)

Chicken, Lettuce, Beetroot, Carrot, Tomato, Cheese Cucumber & Mayo	
Ham, Lettuce, Beetroot, Carrot, Tomato, Cheese Cucumber & Mayo	
Salad – Lettuce, Beetroot, Carrot, Tomato, Cheese Cucumber & Mayo	
Chicken Tender Wrap Cheese & Lettuce	
Salad Bowl - Lettuce, Beetroot, Carrot, Tomato, Cucumber, Cheese, Egg	\$5.50
Small Salad Cup - Lettuce, Beetroot, Carrot, Tomato, Cucumber, Cheese	\$2.00
Meat/Salad Bowl - Lettuce, Beetroot, Egg Carrot, Tomato, Cucumber, Cheese	\$6.00
Egg Lettuce Sandwich	\$3.50
Ham/Chicken/Corn Beef	\$3.00
Turkey Cheese Avocado	\$3.00
Egg	\$3.00
Vegemite	\$2.00
Cheese/Tomato	\$3.00
(Extra fillings \$.30c) (Dressing \$.50c) (Toasted)	

#### Hot Foods

Chicken Wedges (2 per serve)	\$1.50
Chicken Tenders/Sweet Chilli	\$2.00
Pies	\$3.50
Mini Pies	\$2.00
Sausage Rolls	\$3.00
Beef Lasagne	\$5.00
Soup of the Day (Mon, Wed, Fri) (Served with Bread Roll)	\$4.00
(Chicken/Plain Salt free) (Sauce \$.30c)	

#### Lunch Special - \$6.00 - Every Thursday

Keep an eye out in the school's newsletter every  
Monday for the details

#### Drinks

Milkshake	med	\$2.00
	lge	\$3.00
Flavoured Milk	sml	\$2.00
	lge	\$3.50
Fruit Juice	sml	\$2.00
	lge	\$3.50
Slush Puppie		\$2.00
Water		\$2.00
Cans		\$2.50
Poppers		\$1.50
Hot Chocolate		\$2.00



#### Snacks

Pikelets (Freshly made, 2 per serve) (Toppings extra \$1.00)	\$1.00
Potato Chips/JJ'S Chicken	\$1.50
Muffins (Freshly made)	\$2.00
Fruit Salad Bowl	\$4.00
Small Fruit Salad Cup	\$2.00
Frozen Yoghurt	\$2.00
Calippo	\$1.00
Paddlepops	\$1.50
Paddlepop Twists	\$1.00
Yoghurt Frogs	.20c
Ovaltines	\$1.00
Popcorn	.50c

We offer homemade, tasty, nutritious meals and snacks in accordance with NSW Healthy Schools Canteen Strategy 2017. Recipes, suppliers and methods are available on request. All feedback and suggestions are welcome. Come and see us or email [coolahcentralschoolpandc@gmail.com](mailto:coolahcentralschoolpandc@gmail.com)