



COOLAH  
CENTRAL SCHOOL

Heart of the community ... Key to the world



Newsletter - **Monday 19th June 2017**

Phone 02 6377 1101

Fax 02 6377 1004

**Week 9 Term 2**

Email: [coolah-c.school@det.nsw.edu.au](mailto:coolah-c.school@det.nsw.edu.au)

Website: [www.coolah-c.schools.nsw.edu.au](http://www.coolah-c.schools.nsw.edu.au)

Warung  
1112

# Athletics Carnival

Cunningham  
756

The sun came out, the students dressed in their house colours and records were broken, at the Annual Athletics Carnival.

It was great watching all the students participating in the events with great sportsmanship throughout the day and credit to the staff of CCS for running such a great carnival.

Liverpool  
835



## Trivia Night

On Wednesday 14th June, Year 12 held their formal fundraising Trivia Night. It was a night of fact filled fun, with students and community members dressed and ready to impress in 1980's style.

Congratulations to "The Cure" table winning on the night and well done to those who took on the eating and physical challenges throughout the night, adding to the entertainment element.

Year 12 put in a lot of effort and did a fantastic job of organising and running the night with all proceeds going to their end of year formal function.

Thank you to the students, staff and community members who came and supported and made for an enjoyable night.



## Principal News with Mr George Frangos



### Cross Country

Congratulations to all of our students who competed in last Friday's North West Regional Cross Country. With hundreds of competitors across all age groups it was a fantastic day for both runners, families and community members to attend. Thank you to Sally Staniforth, Megan Wesley, Nicole Wilson and Lauren O'Neill for convening and organising the event. Thank you to all staff, parents and community members that were involved in the BBQ, canteen, P&C coffee van and being on the checkpoints. All of the valuable time you gave is very much appreciated and contributed to the day being such a great success.

The Coolah Central School competitors represented the school proudly and many achieved personal best placings in their races. Congratulations to all the

students who participated.

### NSW SPC Conference

Last week I attended the NSW Secondary Principals Council annual conference in Sydney. The professional learning opportunities that were provided during the conference was extensive, as was the opportunity to share with colleagues and learn from each other's experiences.

The conference theme was STEAM: "Science; Technology; Engineering; Arts; and Mathematics." The conference provided us with the opportunity to engage with leading thinkers and educationalists who are representatives of the STEAM areas. The presenters provided opportunities to explore what our future public schools might look like. Conference workshops examined in depth the STEAM theme with hands on activities with leading practitioners.

## Deputy News with Mr Winston Hughes



### **Deputy Principal News from Mr Hughes**

Congratulations to all the boys that were successful in the Opens and Under 16's Rugby League competitions last week progressing to the next stage of the competition. Congratulations also to all those students who participated in the North-West Cross Country on Friday. It was great to see so many competitors visit Coolah. Best of luck to the girls competing in netball this week.

Events as big as the North-West Cross Country don't run themselves. A big thank you to the staff running the event, Megan Wesley, Sally Staniforth, Lauren O'Neill and the office staff who put in a huge effort in co-ordinating the event. To the P+C

volunteers who helped out in the coffee van and the canteen and to the community members who helped to man the course, thank you also.

You will notice later in the newsletter information about how to treat head lice. Last week we had reports of some students with head lice in infants and primary classes. Letters were sent home with students in these classes alerting parents. Parents and caregivers are encouraged to check their child's hair regularly for head lice and to follow the advice contained later in this newsletter when treating head lice.

As always I can be contacted at the school should you have any enquiries.

## Miss Fahey's Class



**Literacy and Numeracy:** Rotations will run as usual.

**Homework:** Contract 15 is due this Friday. Don't forget to do some reading.

**Science:** We will continue to monitor our beans' growth and record it in our 'Bean Diaries'.

**Creative Arts:** We will be finishing the paper mache globes we started last week.

**Cooking:** If you do not wish for your child to participate in cooking or to eat the food they have prepared, please let us know.

### **A look back at our week:**

For cooking we made a neopolitan cake. It involved following several instructions from a procedural text and students also learnt valuable skills in the kitchen.





Our **class captains** for this week are **Che** and **Malaki**.

### Homework/Class Work/News

Our Homework unit is **Unit 16**. Our new sight words are **but, into, very, home, school** and **thing** and our new sounds for this week are "**ng**" and "**v**". Home reading will continue as normal.

This week in Literacy we will continue developing our reading skills in our L3 groups and we will complete reading and writing about the book entitled "Where is the Green Sheep?". We will finish constructing our own sheep in Art.

In Maths we will be looking at the numbers 11 to 13, sharing one at a time, following instructions and length. In History we will be looking at the calendar and discussing its significance and in Geography we

will be drawing a map of our classroom. In Science we will continue looking at different clothing materials and what they are best suited for.



### Awards/Achievements

Congratulations go to the following children who have completed levels in their home reading: **-Blake (50 nights).**

**Please send in a drink of water and some extra fruit each day for our sip and crunch.**

### Wednesday- Library

**Thursday- "Journey to the Centre of the Earth" performance.** This promises to be a very exciting and worthwhile performance. All notes and money need to be returned by this Wednesday please.

## Year 1/2 News with Mr Rowlands



Welcome to **Week 9**.

**Please pay for the upcoming performance if you have not yet done so.**

Many of the Year 1/2 students have now reached or are extremely close to reaching the Semester 1 Camouflage Band level. These students will receive an invitation to attend the movie theatre in Dubbo on Thursday the 29th of June which is Thursday of Week 10. The permission notes for this will be out soon.

**Literacy:** Literacy groups will continue this week with reading at the L. Soundwaves Unit 16, Grammar Unit 16 and our Handwriting focus will be the letter 'Mm'.

**Year 1 Maths:** This week we will complete Unit 11 in our Maths Plus Text books. This unit looks at Counting Back, Quarters of a Whole, as well as Hexagons Volume of Models.

**Homework: Please complete Unit 14 this week. All books that were handed in last week have been marked and are up to date. Students reading logs need to be handed in this week also. If you want your award at this Friday's Primary Assembly you will need to hand it in by Thursday.**

Have a great week.

Mr R.



## *An unforgettable journey of imagination and invention* **Thursday June 22nd, 11am** **K-6**

*We follow the adventures of young Axel after he deciphers an ancient parchment describing a secret passageway beneath a volcano. Immediately his eccentric uncle, Professor Lidenbrock, launches an expedition accompanied by his faithful guide Hans, who is accompanied by his faithful duck, Gertrude. Together they accomplish the most dangerous and exhilarating journey ever - to the centre of the earth!*

*This production is a truly captivating piece of children's theatre that appeals to both the young and young at heart as it appeals to that sense of adventure in all of us.*

*The cost for this performance is **\$4.50** per student Kindergarten to Year 6 on **Thursday June 22nd**. Please return the note below to the front office with your payment by **Wednesday June 21st** as late payments will not be accepted.*

**Journey to the Centre of the Earth - Thursday June 22nd, 11am**  
**Cost \$4.50 per student - Kindergarten to Year 6**

**Student/s name** \_\_\_\_\_ **Class** \_\_\_\_\_ **Money enclosed \$** \_\_\_\_\_

**Signed** \_\_\_\_\_



## Year 2/3 News with Mrs Ferguson & Miss Frazer



Welcome to Week 9. This term has just flown by!

Congratulations to all students who ran at North West on Friday, I know two of the 2/3 students have

made it through to the next level. A fantastic effort to all students who ran their best and trained hard. Your hard work and determination paid off!

The K-6 PBL Excursion is coming up next week, so a big encouragement to all students to work hard and follow the school rules to keep earning those PBL's. If you are able to get to Camo you head on the excursion! So well done! Keep up the effort!

Homework this week is Contract 16 for Year 2 and 3. Books went home today with the spelling words inside. This week our Sound Waves books focus on the sound 'm, mm, mb' as in 'mum', 'hammer', and 'thumb'. In order to improve your reading and writing it is important to continue to put the effort into your spelling. The three are deeply linked and help one another.

**Maths:-** We tested Unit 16 today and we will begin revision tomorrow of all concepts in preparation for our Diagnostic Test. This is not something for students to stress about. This happens every term and it enables the teacher's to see where they can help students with their learning.

**Spelling—**Spelling Improvers for the week are; Eryka-Lee Elwell, Izaih Fuller, Chase Stuart, Angus Kearney, Kade Bennett, Zoe Richard, Elke Cox, Matilda Dunbier, Dawson Packham, Jessi Edwards, Libby Nolan, Chloe Hanson, Claudia Dunlop and Ryan Johnstone. Fantastic effort!

Remember spelling words went home today and daily practise of these words is critical in students adding them into their known word bank and being able to utilise them in their writing.

The 'Journey to the Centre of the Earth' performance is coming to Coolah Central School on June 22nd. It is a great opportunity for students to be able to engage with a cultural experience. Notes for this can be found in this newsletter.

## Year 3/4 News with Mrs Burgess



A reminder to all students regarding the travelling performance 'Journey to the Centre', this is on Thursday 22<sup>nd</sup> June, all money should be in by this Wednesday.

Congratulations to all students who ran at the Northwest Cross Country on Friday.

**SPELLING:** This week's spelling focus is based around the sound 'y' as in fly, 'i\_e' as in ice-cream, 'igh' as in night, 'i' as in spider and 'ie' as in pie. Spelling lists went out today and the weekly test will be on Friday.

**LITERACY:** We have moved on to Information Reports for writing and the students have well and truly embraced this change in writing style, producing some very impressive pieces of writing. This unit lends itself well to the Focus on Reading lessons, where we are looking more deeply into 'Natural Disasters' in both the fiction and non-fiction form and the causes and effects surrounding them.

**HOME READING:** A reminder to all students that reading at home is a very important part of the learning process. Each student should be reading at home for at least 15 minutes a day either aloud or silently. All forms of reading are advantageous.

Reading is the most integral part of all literacy work as it helps to build on vocabulary, spelling, comprehension and also writing.

**YEAR THREE MATHS:** We will finalise our unit on Addition and Subtraction today. The next topic to be covered is Angles and 2D shapes. Students should still at home, continue revising their known and new times tables as this will aid their learning in this area greatly. They need to know and remember 1x, 2x, 3x, 4x, 5x, 6x, 10x and 11x tables.

**SCIENCE:** We continue on with our unit on 'Weathering' this week in Science where we are currently looking at physical, chemical and biological weathering.

**HISTORY:** Our unit for this term is 'Early World Exploration'. Students are discovering the effects that early exploration had on the world and also the importance of some of these explorers. The Columbian Exchange was an interesting feature this week.

**HOMEWORK:** Homework went home today, Unit 17 is to be completed and brought back in on Friday.





Welcome back to Week 9.

Can you believe there is only 2 weeks left of school for the term before the holidays?

Congratulations to everyone who participated in the North West Cross Country on Friday. It was a great day and it was fantastic seeing so many of our students running so well after so much effort and preparation they have put in.

This Thursday 22nd of June we are lucky enough to have another travelling performance visiting our school called 'Journey to the Centre'. All money for this performance should be in by this Wednesday.

**SPELLING:** Our spelling focus for this week will be around the sound 'y' as in fly, 'i\_e' as in ice-cream, 'igh' as in night, 'i' as in spider and 'ie' as in pie. We will have our weekly spelling test on Friday.

**WRITING:** We are well into our unit on Information Reports and students are starting to grasp the

concepts. This week we continue working on what makes a good descriptive paragraph when writing an information report.

**YEAR FOUR MATHS:** This week we will start work on Patterns and Functions. Can I please encourage all students to keep working on learning and practising their times tables at home.

**HISTORY:** History assignments went home last week and hopefully all students have made a start on these. They are due back on Monday June 26th. If you have any questions or concerns please do not hesitate to contact me.

**HOMEWORK:** Students are to complete both pages of Contract 16 and this is due back in on Friday. Well done to everyone who hands in their homework every week. Please remember that practising spelling words each week is part of the homework!

Have a great week and keep up the hard work!

## Year 5/6 News with Mrs Wesley



A belated huge congratulations to Harriet Nolan who has been selected in the North West Girls Soccer team to play in the State Carnival next term. What an incredible achievement, well done Harriet.

This week we are lucky enough to have another visiting performance perform at our school. 'Journey to the Centre' will be here on Thursday. Please pay by Wednesday. All visiting performances that are presented at our school are of a high quality and this one is no exception.

Last week I handed out an Assessment Task for all students in History. It is an Information Report and historical research task rolled into one. The topic is to choose one of the Penal Colony Settlements that was established in the early 1800's. The assessment is due on Friday 30th June (the last day of term).

Year 5/6 will be hosting the K-6 Assembly this Friday.

**SPELLING:** Spelling focus for this week will be 'y' as in fly, 'i\_e' as in ice-cream, 'igh' as in night, 'i' as in spider and 'ie' as in pie. Take time out everyday to revise your words and use them in interesting sentences. If you don't know what a word means look it up in the dictionary. Due to many students being away on Friday we had our Week 8 Spelling test today.

**HOMEWORK:** Contract 16 needs to be completed and brought back in on Friday or earlier.

Congratulations to Ardie who reached Camouflage Band.

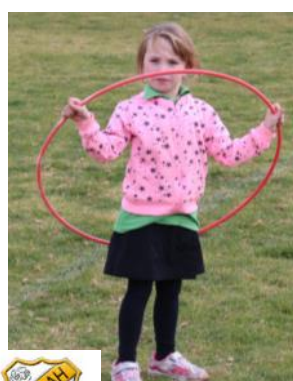
Have a great week everyone and keep working hard.





Congratulations to the following students who broke records at this years Athletics Carnival.

EVENT	WAS			NOW	
Snr Primary Girls Shotput	Sophie Cook	6.16m	2016	Isabella Gibbons	6.21m
13yrs Boys High Jump	Eden Blewitt	1.50cm	2006	Dylan Power	1.51cm
14yrs Boys Javelin	Brad Wilson	28.59m	1987	Logan Gilbert	30.56m
15yrs Girls Shot Put	Layne Boswell	7.76m	2014	Jami Roberts	8.89m
16yrs Boys High Jump	Brad Wilson	1.625cm	1985	Alex Grammer	1.63cm
16yrs Girls Javelin	Kadesha Ayoub	13.86m	2016	Caitlin Cook	23.09m
17yrs Girls Shot Put	Kara Wortley	7.07m	2016	Annie Roberts	7.57m





## Primary Sport with Mrs Wesley

### Attention Athletics Students

In 2017, NSW PSSA will be running a 1500m event as part of their Athletics program as a qualifier to the 2017 Pacific Schools Games in Adelaide in December.

As a part of this, North West SSA will be allowed 2 entries in each age group (10yrs, 11yrs and 12yrs) for both boys and girls. A call for nominations has been sent to schools for this event and the selection trial will run at the beginning of the North West Carnival.

Students who wish to nominate can see Mrs Wesley for a nomination form. It must be completed and returned to the school with authorised times, and the top 10 times nominated for each event will be invited to compete at 8:15am on the morning of the North West carnival. The first 2 finishers in each division will then compete in the PSSA carnival as part of the North West team. Note that this event will not contribute to Age Champion results.

**Well done to the Primary Cross Country** runners who have made it through to State next term—Sophia Bradley, Tia Thomas, Amber Thomas & Hamish Stanford. Congratulations and good luck.

**Congratulations to Harriet Nolan - Off to State Soccer** - After competing against a large group at the Northwest Southern Zone trials in Gunnedah, Harriet made it into the Southern Team and travelled to Armidale on June 2nd where North and South then battled it out for a place in the final North West Team.

Armidale was an exhausting nonstop trial of fitness, skills, drills and soccer matches. Harriet made the final selection of 14 girls who will represent the NW at the State Carnival in Kareela, Sydney, in August.

The team is spread out over a distance of 500km, with Harriet at the southernmost end and a student from Tenterfield the furthest to the north.



## Secondary Sport with Mrs Staniforth

Good luck to the Under 16's & Opens Netball teams playing in Central Schools Knockout in Dubbo this week.

Well done to all Secondary runners who ran in the Cross Country on Friday. Congratulations to the following runners who have made it to the State Cross Country next term - Bonnie Size, Yann Garrivet, Caitlin Cook, Daniel Bradley, Braydon Burgess and the reserves are Fabian Douglass, Maddie Bradley and Sam Cox.



A HUGE THANK YOU to all parents and community members for all your help at the Regional Cross Country on Friday. It made for a very successful day!

## Year 11/12 SLR & HOSPITALITY COOKING FOR BLAZEID



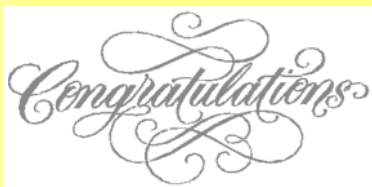
## SECONDARY SCHOOL ASSESSMENT/ASSIGNMENTS

- Year 7** ♦ English—Spelling: Weekly
- Year 9** ♦ English—Coraline Book Review
- Year 10** ♦ History—All bookwork up-to-date
- Year 11** ♦ Advanced English—Read Othello
- ♦ Geography—Group Interactions Task: Ongoing
- Year 12** ♦ Ancient History— Agrippina notes and Assessment task.
- ♦ Yr. 12 Major Project & Folio ongoing (Due Date Thursday 10th August 2017)

**Can parents and guardians please check students diaries as there may be additional homework or teacher correspondence**

### CCS Secondary PBL

#### Raffle Winners



**Bonny Morton — English  
&  
Ebony Lodge — English**

*Both students receive a \$10 voucher to spend at the School Canteen.*

**7-12 Maths  
Tutoring  
3.15 - 4.15  
Each  
Thursday  
In the library**

### CCS Calendar of Events - Week 9

- June 19th** Girls North West Softball Tamworth
- June 20th** Under 16's Netball
- June 21st** Opens Netball
- June 22nd** Journey to Centre of the Earth K-6
- June 23rd** North West Netball Tamworth

### CCS Calendar of Events - Week 10

- June 26th—30th** Aspire Sydney
- June 27th** Pri NW Boys Softball
- June 28th** • Girls Peachey Cup  
• Gala Day  
• SRC Disco
- June 30th** Term 2 Assembly 9.15am

## Athletics

Training has started on  
**Thursday afternoons**  
for K-12

If You are attending please see Miss McDonald.





## POP

"Parent online Payment" is coming to our school in Term 3. Parent/Carers will be able to pay fees, excursions etc..., online through our school website, using Visa or Mastercard.

At present some parent/carers are paying by direct deposit. This will no longer be available as of 30/06/17.



**TITAN**  
SPORTS ACADEMY

**TITAN**  
SPORTS ACADEMY CLINICS

**Coaches Clinic - Tamworth**  
(coach the coaches)  
Plain Street Playing Fields  
Professional Coaching - Game Plans and Programs - Self Development - Rules

**3rd July 2017, 5:30pm - 8:30pm**

Novice to Experienced Coaching Instruction from  
Elite Australian Oztags Instructors

**Steve Van Gemert**  
Australian Oztags Representative - 15 years  
Hall of Fame Inductee

**Josh White**  
Ex-NRL Player  
Australian Oztags Representative

**Gary Kinkade**  
Australian Oztags Coach - 19 years  
Hall of Fame Inductee

For more information and bookings  
Katrina Davis - 0421 019 462

**Oztags**



**TITAN**  
SPORTS ACADEMY

**TITAN**  
SPORTS ACADEMY CLINICS

**Tamworth Oztags Clinics**  
Plain Street Playing Fields, Tamworth  
1 Day or 2 Day  
4th - 5th July 2017  
9am to 3pm  
\$60 per day  
\$120 for 2 days

Professional Coaching  
Skills Development - Game Simulation

For more information and bookings  
Katrina Davis - 0421 019 462

**Oztags**



**Minutes of the General Meeting of Coolah Central School P & C Association  
Held on 13<sup>th</sup> June 2017 in the staff room**

**Meeting Opened:** 6:05pm

**Present:** B. Baker, L Miller, A Mumford, W Hughes, A Thomas, M Wesley, S.Staniforth and K Rindfleish

**Apologies:** P Gilder, S Soster, G Frangos, R McDonald, L Curtis

**Minutes of Previous Meeting:** Read and correct

**Moved** B. Baker **Seconded** S Staniforth

**Treasurer's Report:** As attached

**Moved** L Miller **Seconded** A Thomas

**Business Arising from Previous Minutes**

Coffee van at Holden Golf Day  
Purchased 2 card tables for coffee van

**Correspondence In:**

Father's Day catalogues  
Letter from Coolah Sporting Club re: Sponsors page 2017  
Smart Gift Ideas catalogues

**Moved** B Baker **Seconded** L Miller

**Correspondence Out:**

Nil

**Principals Report:**

Trade Training Centre Report  
New Timetable hand out on 13/6/17

**General Business:**

Regional Cross Country 16<sup>th</sup> June  
Catering all ordered for pickup Thursday  
More helpers needed  
Asked Hospitality students to do cooking of slices etc.  
P&C tent to be used for marshalling area starting at 6.30 am  
Asked K. Rindfleish for use of cool room on the day  
A Thomas asked about Agriculture sponsorship for students on Presentation Night  
K Rindfleish to book street stall to sell raffle tickets in wood raffle  
Next meeting set down on the 18<sup>th</sup> July 2017

**Meeting Closed:** 6.35pm





# HEAD LICE TREATMENT OPTIONS

## INFORMATION FOR PARENTS AND CARERS

There are two treatment options for head lice.

1. Mechanical removal (removal with a head lice comb)
2. Chemical removal

### Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

### Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working. If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

### What to do about bedding and clothing

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

\*This information is based on information provided on the NSW Health Nitbusters website.



## Western Region Academy of Sport (WRAS) 2018 Netball Squad Trials

The WRAS 2018 netball program is part of the Netball NSW Athlete Pathway.  
The program will run from November 2017 to August 2018.

### The selection process for the 2018 squad is:

**Phase 1 selection trials** – open to netballers born in 2002, 2003 and 2004 living or attending school in the WRAS catchment area. The WRAS catchment includes the following council areas: Bathurst Regional, Bland, Blayney, Cabonne, Cowra, Dubbo Regional (including Wellington), Forbes, Gilgandra, Hilltops (including Young), Lachlan, Lithgow, Mid-Western Regional, Narromine, Oberon, Orange, Parkes and Weddin.

**Phase 2 selection trial** – by invitation only.

### PHASE 1 TRIAL

Sunday 27 August 2017 – Orange  
(Kinross Wolaroi School)

OR

Sunday 3 September 2017 – Dubbo  
(Dubbo Christian School)

The number of places at each location will be limited.

Netballers cannot attend both days. WRAS will attempt to allocate places on 1<sup>st</sup> choice of date/location. However, this may not be possible for all. Places will be allocated in the order that nominations are received.

Time: 8.45am to 4.00pm

Cost: \$40 per person

Nominations for Phase 1 trials  
close 10am Thursday 17 August 2017

[CLICK HERE to nominate to trial](#)

Payment due 17 August 2017  
WRAS account (BSB No 882 000, Acc No 300015812)  
Please include player's name as the reference.

Acceptance of nomination to trial will be confirmed by email  
after payment has been received.

### PHASE 2 TRIAL

Sunday 24 September 2017 – Bathurst  
(Charles Sturt University Gymnasium)

No cost.

To be invited to Phase 2 (final selection trial for WRAS 2018 squad) netballers must attend one of the Phase 1 trials, be an age eligible WRAS 2017 squad athlete or be identified by Netball NSW.

A list of athletes invited to Phase 2 will be published on the [WRAS website](#) by Thursday 7 September 2017.

All netballers who attend Phase 1 trials will receive email notification after the list is published.



For more information please contact the WRAS office by phone 6338 4821 or email to [tpallier@csu.edu.au](mailto:tpallier@csu.edu.au)