



CONGRATULATIONS UNDER 16 & OPEN BOYS TOUCH FOOTBALL TEAMS OFF TO STATE CENTRAL SCHOOLS KNOCKOUT CARNIVAL



**Under 16 Team with Coach/Teacher Mr Jones
& Referee Matt Wesley Absent Justin Mogg**

**Under 16's ,
Jarrod Douglass, Justin Mogg Hugh Wesley, Alex Grammer,
Edward Cox, Fabian Douglass, Tom Moore,
Jake Burgess, Tyler Lennox, Will Tichehurst, Ben Cox,
Zayne Ewers**



**Open's Touch Team
Absent Sam Cox**

**Opens
Jarrod Douglass, Justin Mogg, Hugh Wesley, Alex
Grammer, Edward Cox Tyler Lennox Braydon Burgess,
Justin Rusten, Fabian Douglass, Sam Cox, Brandy Wicks**



**THE GIRLS ALSO PUT IN A FANTASTIC EFFORT,
UNFORTUNATELY DID NOT MAKE IT THROUGH
TO THE NEXT LEVEL ALTHOUGH THEY
PLAYED EXTREMELY WELL AND SHOWCASED
THE WONDERFUL TALENT, SKILLS AND
SPORTSMANSHIP THAT COMES FROM
COOLAH CENTRAL SCHOOL. THANKS MUST GO
TO OUR COOLAH REFEREES GAVIN DOUGLASS,
TIARNEY DOUGLASS AND MATT WESLEY**



Congratulations to all Primary Students who participated in North West Touch Football in Tamworth last Friday, they all played exceptional Touch Football. An extra Congratulations must go to **Phoebe Ellis who made the possibles and probables where she came up against some very tough competitors from Inverall Tamworth and Armidale and was unlucky not be selected for the state team.**

Well Done Everyone.



Deputy Principal News from Mr Hughes

All Year 7 to 10 students began their Half –Yearly Examinations today. They all participated in Study Skills Seminars last week and we know that they will be using these skills to

prepare for all examinations. We wish all students the best of luck.

Completing the examinations is only one part of the learning process. Next week students will be receiving feedback from their teachers on how they went. All students should fully engage with the feedback they get from their teachers for each examination. They should look at the questions where they scored well and the questions they got wrong and use this information to shape future learning, review and examination preparation. "Feedback is the breakfast of champions."

Today I spoke to students on morning assembly about rights and responsibilities. Students have the right to learn all that they can in the classroom and have a responsibility to behave in a manner that lets other students learn. As part of the school's Student Discipline and Wellbeing Policy we have reviewed some of our procedures. Students who are working with Head Teachers, Assistant Principals or the Deputy Principal on behavioural support programs will not be eligible to represent the school in non-curriculum excursions until they have demonstrated appropriate behaviour for a required period of time. All students have a right to have their education at Coolah Central School free from disruption by those who cannot meet their responsibilities to behave in an appropriate way.

As always I can be contacted at the school should you have any enquiries.

Coolah Central School 7-10 Half Yearly Exams 2017

	Monday June 5 th	Tuesday June 6 th	Wednesday June 7 th	Thursday June 8 th
Session 1 Start 9am	7 English (1.5hr) 8 English (1.5hr) 9 English (1.5hr) 10 English (1.5hr)	7 Geography (1.5hr) 8 Geography (1.5hr) 9/10 Wood (1.5hr)	7 Maths (1.5hr) 8 Maths (1.5hr) 9 Maths (1.5hr) 10 Maths (1.5hr)	10 PD/H/PE (1hr)
Session 2 Start 11.05am	9/10 Metal (1.5hr) 9/10 Food Tech (1hr) 9/10 Agriculture (1hr)	7 History (1hr) 8 History (1.5hr) 9 History(1.5hr) 10 History (1.5hr)	9 Geography (1.5hr) 10 Geography (1.5hr)	9/10 PASS (1hr)
Session 3 Start 1.30pm	7 Science (1hr) 8 Science (1.5hr) 9 Science (1.5hr) 10 Science (1.5hr)			

EXAM RULES

1. No student who is late will be admitted to the Examination room unless due to a documented emergency and no student will be allowed to leave the Examination Room except in an emergency.
2. Student may not speak to any person other than to a teacher whilst an Examination is in progress; nor may they behave in any way likely to disturb the work of any student or otherwise upset the discipline of the examination.
3. Students must equip themselves properly for each examination. Borrowing of items should not be necessary and will not be allowed.
4. Students are not permitted to have with them at their desks any books, notes, papers or material other than the aids necessary for the particular examination.
5. Calculators may be used in the subjects of Mathematics, Geography, & Science **ONLY** and must be board approved.
6. No mobile phones or electronic devices are permitted in the examination room.

Equipment Needed – Students should bring blue/black pens (written work must be done in biro/ink), red pen, pencil, sharpener, eraser (for diagrams & drawings), ruler, calculator & geometry instruments where appropriate



Our **class captains** for this week are **Annabelle** and **Noel**.

Birthday wishes go to **Kaliyah** who will celebrate her birthday on Friday. (We hope that you have a wonderful birthday Kaliyah).

Our Homework unit is **Unit 14**. Our new sight words are **of, all, have, from** and **after** and our new sounds for this week are “**ee**” and “**or**” Home reading will continue, but as the readers are becoming a little trickier, we will now only change our readers each Wednesday and Friday so that the students can start to utilise their new reading skills and not read from memory.

This week in Literacy we will continue developing our reading skills in our L3 groups and we will also be reading and writing about the book entitled “The Magic Hat”. We will also construct our own magic hats in Art.

In Maths we will be completing our assessment booklet based on all of the concepts we have learnt so far this year.

In History we will be looking at the religious events which are important to our families and in Geography we will look at the globe. In Science we will continue looking at different materials and discover what they can do.

Congratulations go to **Kaliyah** and **Fletcher** who each received a merit certificate at our K-6 assembly last Friday.

Please send in a drink of water and some extra fruit each day for our sip and crunch.

Wednesday- Library

Friday- Athletics Carnival. All 5,6 and 7 year old students need to come to school firstly and we will walk over to Bowen Oval later in the morning for our age races and tabloid events. The students may wear their sports uniform or appropriate house colour clothes as well as their sneakers.

A canteen will be available, but all students will need to bring their recess and a big drink of water as well as their lunch if they are not ordering it.

All parents and friends are very welcome to attend and we are looking forward to seeing you all.

Our visit from the local Fire Brigade last week was excellent. We all had a lot of fun learning all about fire safety and what we need to do in the event of a fire. We learnt such things as “Stop, drop and roll”, “Get down low and go, go, go” and “Keep looking when cooking”. Thankyou to Firemen Brad and Adrian for a very informative and exciting visit.



Year 1/2 News with Mr Rowlands

Welcome to Week 7, Mr Rowlands is away this week and Mrs Dorman will be here. It is another busy week. It's Athletics Carnival this Friday, everyone needs to come prepared to participate and wear house colours.

Literacy: Literacy groups will continue this week with reading at the L. Soundwaves Unit 14, Grammar Unit 14 and the letter ‘L’ as our Handwriting Unit.

Year 1 Maths: This week we will complete Unit 9 in our Maths Plus Text books. This unit looks at Number Patterns Counting by 2's and 5's and remember to practice at home.

Homework: Please complete contract 13 in your Homework Book. You may have noticed a change to the way students are to practise their spelling words. Please check they understand what each task is asking and assist your child if need be.

A reminder that homework is due on Thursday this week for marking.

Congratulations to **William**, and **Taylor** who received Merit Certificates at Friday's K-6 Assembly.

Have a great week.

Mrs Dorman



Wow Week 7!

Our 2/3 thought for the week this week is; 'Fair is not everyone getting the same thing, fair is everyone getting what they need to be successful'. All students are unique and have different needs, so not all children will need the same support/challenge/assistance. Fair is everyone having the opportunity to be successful with their learning, which also looks different for all students.

Computers: - Year 2 have been working on publishing our Information Reports that we have been typing, these are displayed in our room. I encourage all parents/carers and friends to come and have a look at the students' writing. It is great to see their improvements!

Year Three - Please see Mrs Burgess' news.

Spelling—Spelling Improvers for the week are; **Lakkita Moffat, Angus Kearney, Libby Nolan, Amber Thomas, Isabella Parry, Dawson Packham, Elke Cox, Jessi Edwards, Claudia Dunlop, Sophia Bradley, Ryan Johnstone, Sam Schneider, Chloe Hanson, Chase Stuart and Phoebe Lewis.** Well done to students putting in the effort at home and school to learn their spelling words and learn how to use these words in their writing.

Homework- this week is Contract 15 for Year 2 and 3. Books went home today with the spelling words inside. This week our Sound Waves books focus on the sound 'l, ll' for example 'lizard' and 'bell'. In order to improve your reading and writing it is important to continue to put the effort into your spelling. The three are deeply linked and help one another.



Well done to **Evan O'Neill** and **Chloe Hanson** on achieving more reading milestones! Brilliant effort with your daily reading and keep it up!

A big **Happy Birthday** to **Elke Cox** on the 16th June! **Elke** is our only birthday in June in the 2/3 Classroom.

Just a quick reminder that if parents have any queries or concerns about their child's learning or schoolwork, please see me, phone me at the school or email me as I am always happy to help you with any concerns.

We have the Athletics Carnival this Friday June 9th! I am excited to see all students participate, do their best and have fun with friends!

Year 3/4 News with Mrs Burgess



Our annual whole school athletics carnival will be this Friday. Students can wear their house colours on the day and are reminded to bring some warm clothes along, as this day always proves to be a cool one.

SPELLING: Over the last few weeks I had noticed a decline in the number of students practicing some form of spelling at home. Some ideas for activities they can do with their spelling words are writing them in sentences, verbally reciting the list, testing the list or another great trick is writing the list word in their dominant hand first and then in their less dominant hand – this will actually make them think about the letters they are forming and the order they need to be written in. I would like to congratulate all of the students who took this advice on board, as they did achieve some form of success this week. The weekly test will be on Thursday this week due to the athletics carnival on Friday. This week's spelling focus is based around the sound 'ee' as in bee, and 'e' as in me, 'ea' as in seat, 'y' as in baby and 'ey' as in money. Spelling lists went out today and the weekly test will be on Friday. Super spellers for last week were – **Ben, Alice, Indie, Brendon, Seth, Lachlan, Sienna, Tia and Clare.**

LITERACY: We will move on to Information Reports for writing for the rest of this term. This unit will lend itself well to the Focus on Reading lessons where we are looking more deeply into 'Natural Disasters' in both fiction and non-fiction form and the causes and effects surrounding them.

YEAR THREE MATHS: We have now moved on to our unit on Addition and Subtraction, we will stay on this topic for the next week and a half. Students should still, at home, continue revising their known and new times tables as this will aid their learning in this area greatly. They need to know and remember 1x, 2x, 3x, 4x, 5x, 6x, 10x and 11x tables.

SCIENCE: We continue on with our unit on 'Weathering' this week in Science where we are currently looking at physical, chemical and biological weathering.

HISTORY: Our unit for this term is 'Early World Exploration'. Students are discovering the effects that early exploration had on the world and also the importance of some of these explorers. Christopher Columbus has been a favorite of most students.

HOMEWORK: Homework went home today, Unit 14 is to be completed and brought back in on Thursday.

Happy Birthday wishes go to **Hamish Stanford** who celebrated his birthday on Saturday. I am sure you had a great day!



Year 4/5 News with Mrs O'Neill



Well back to Week 7. Winter is certainly upon us now so I encourage all students to start wearing jumpers and clothing to keep warm. Please remember to put your name on all clothing, especially jumpers.

Congratulations to **Wyatt** and **Lachlan**, who each received a Merit Award at our K-6 Assembly last Friday.

This Friday is our School Athletics Carnival. Students need to come to school wearing their sporting house colours (Go Liverpool!) and be prepared to participate and cheer on their fellow school mates.

SPELLING: Spelling focus for this week will be 'ee' for 'bee', 'e' for 'me', 'ea' for 'seat', 'y' for 'baby', 'ey' for 'money'. In the last few weeks we have changed our approach to our Spelling. Using the Focus on Reading initiative we are looking more closely at our spelling words. This requires us to find the base words and consider how these words are built on to for example

using prefixes (at the beginning of the base words) and suffixes (and the end of the base words). By doing this we are encouraging a deeper focus on the meaning of our words in order to try and develop and improve our spelling and vocabulary abilities. Congratulations to 100% spellers - **Phoebe, Isabelle, Fiora, Kane, Indiana, Lachlan, Isaac** and **Cooper**

YEAR FOUR MATHS: We finished up our unit on Written Strategies and this week we will complete a unit on Money.

HOMEWORK: Students are to complete both pages of Unit 4 and this is due back in on **Thursday** this week because of the Athletics Carnival on Friday. Well done to everyone who hands in their homework every week. Please remember that practicing spelling words each week is part of the homework!

Have a great week and keep up the hard work!

Year 5/6 News with Mrs Wesley



Term 2 Week 7:

It's Athletics Carnival Week. This Friday is our carnival, it is an all day affair and everyone needs to come prepared to participate and wear house colours.

SPELLING: Spelling focus for this week will be 'ee' for 'bee', 'e' for 'me', 'ea' for 'seat', 'y' for 'baby', 'ey' for 'money'. Take time out everyday to revise your words and use them in interesting sentences. If you don't know what a word means look it up in the dictionary. Congratulations to 100% spellers - **Ardie**, and **Rose**. Due to the Athletics Carnival this Friday our spelling quiz will be on Thursday.

HOMEWORK: Contract 14 needs to be completed and brought back in on Thursday or earlier.

Congratulations to **Ardie, Eli** and **Harriet** who received Merit Certificates at Friday's K-6 Assembly.

A very **Happy Birthday** to **Rose** who celebrates her day on Wednesday.

Have a great week everyone and keep working hard.

Miss Fahey's Class

Our school athletics carnival will be held this Friday. It will be for the whole day. Make sure you come prepared with a hat, water bottle, dressed in house colours and bring a wonderful attitude.

Literacy: We will be beginning a new unit focusing on Antarctica. Students will identify features of the continent and the animals that inhabit it by researching and exploring literature. We will be writing information reports and completing comprehension activities as well as developing vocabulary.

Numeracy: Numeracy rotations will run as usual.

Homework: Contract 13 is due this Thursday due to the athletics carnival.

Science: Unfortunately last week we didn't have the time to plant our bean plants as our new Smart board was being installed in our classroom. This week we will be planting our beans and documenting their growth.

Date and Weather: We will be focusing on the new season Winter and it's implication for our daily activities and clothing.



Creative Arts: Our art projects this week will be based around our Antarctica theme and will employ a variety of techniques and tools.

A look back at our week:

Last week saw the arrival of our new Smart board. We spent a bit of time exploring all of its features and using a lot of interactive resources including Sight Word Bingo, which was one of our favourites. In cooking we made ham, corn and spinach omelettes. They were very delicious as well as being healthy.

Congratulations to **Liam Fuller** who received an award at Friday's assembly. Keep up the wonderful effort everyone. Looking forward to another wonderful week.



Whole School Sport with Mrs Staniforth

The School Athletics Carnival is on this Friday 9th June.

All students are encouraged to wear House Colours for this day and to participate in **all** events. Primary and Secondary students and any Year 2 student who turn 8 this year, will come straight to Bowen Oval and rolls will be marked there.

Remember to send your child with plenty of water, sunscreen and warm clothing (if cold).

Don't forget **North West Cross Country** is fast approaching

Friday 16th June.

Remember this is a great day for our school to obtain extra fundraising for our P&C which inturn all goes back to help our students.

For this day we need a few more volunteers for check points and workers in the canteen and on the BBQ.

Please call the front office if you are available to help.

Secondary Sport with Mrs Staniforth

Good Luck to **Kye Blake** and **Brody Pettet** who are participating in North West Bowls selections in Armidale today.

Good luck to the Open Boys and Under 16 League Teams heading to Dubbo next week for Central School Knockout. Please make sure your permission notes are returned ASAP and if you can please double check with the front office that parents have signed the "permission to play League" notes.

Year 12 Formal Fundraiser

80's themed Trivia Night: Wednesday the 14th of June 2017



Trivia will be in the Coolah Central School Hall, opening at 5 o'clock with a 5.30 start.

Snacks are included in ticket costs.

A prize will be given to the winners of the Trivia night, as well as a prize being awarded to the best dressed.

Teams of no more than 10 with \$15 dollars per ticket (\$150 for a full table of 10)

- *Alcohol FREE*
- *Kids under 12 free*
- *Make sure you have change for hints and answers on the night; hints are 50 cents and answers \$2*

To book your teams text

Kristen Furley: 0417858686

Braydon Burgess: 0497050262

Lisa McDonald: 0415098975

LIMITED TABLES AVAILABLE



A Sneak Peak at the Week.....

CCS Calendar of Events - **Week 7**

June 5th – 9th	Yr. 7 - 10 Half Yearly Exams
June 4th-6th	Yr. 11 Woolgoolga Excursion
June 5th	North West Bowls
June 8th	HSC Enrichment Seminars Dubbo
June 9th	School Athletics Carnival

CCS Calendar of Events - **Week 8**

June 12th	Queens Birthday Holiday
June 13th	Under 16's League
June 14th	ICAS Spelling
June 15th	Secondary Opens League ICAS Writing
June 16th	North West Cross Country Coolah

SECONDARY SCHOOL ASSESSMENT/ASSIGNMENTS

- | | |
|----------------|--|
| Year 7 | ♦ English—Spelling: Weekly |
| | ♦ PDHPE—Brochure 14th June |
| Year 8 | ♦ Exam Revision |
| Year 9 | ♦ English—Coraline Book Review |
| | ♦ English—Spelling: Weekly |
| | ♦ Ag – Half Yearly Exam Revision |
| Year 10 | ♦ History—All bookwork up-to-date |
| | ♦ Ag– Half Yearly Exam Revision |
| Year 11 | ♦ Advanced English—Read Othello |
| | ♦ Geography—Group Interactions Task: Ongoing |
| Year 12 | ♦ Ancient History– Agrippina notes |
| | ♦ Yr 12 Major Project & Folio ongoing (Due Date Thursday 10th August 2017) |
| | ♦ Standard English Viewing and Representing Task (Due end Week 7) |

Can parents and guardians please check students diaries as there may be additional homework or teacher correspondence

Years 7—10
Exam Revision
All Week

7-12 Maths
Tutoring
3.15-4.15
Each Thursday
In the library

Athletics Training is
Available for anyone K-12
if
interested please see Miss
McDonald.

Cattle Club News



As many can see the School Shows Steers have arrived and the Agriculture and Primary Industries classes have started the feeding and breaking in process of these steers. Cattle Club afternoons (Mondays 3.30-4.30pm) will start up Week 2 Term 3 for all students Year 6 and Secondary Students. Year 5 students will be invited to some cattle club afternoons to experience a taste of cattle club. The dates of these afternoons will be put in the Newsletter.



Coolah Central School - Athletics Carnival - 9th June 2017

Canteen List

Chicken/Beef Gravy Rolls	\$4.00	Pluto Pup	\$2.50
Hot dogs	\$3.00	Hot Chips	\$2.00
Egg & Bacon muffins	\$2.50	Scallops	\$1.00
Pie	\$3.50		
Sausage roll	\$3.00		
Cup Noodles -			
Beef or Chicken	\$2.00		
Soup	\$2.00		
Assorted lollies and chocolates	\$2.00		
Chips	\$1.00		
Water	\$1.50		
Poppers	\$1.50		
Cans	\$2.50		



Canteen Order

Athletics Carnival 9th June 2017

Name: _____ Class: _____

Order: _____

\$_____ enclosed

Kindergarten to Year 6 please place orders in your class tray on the day before recess, as the trays will be taken up to the oval on the day.

Please order separately for each child.

If you need another sheet please see the canteen or the front office.

Orders can be handed to the canteen before the day.

Secondary students can order on the day.



EGGS FOR SALE

AG PLOT EGGS

We have lots of free range, fresh Ag Plot Eggs available at the front office.

All donations go back into the resources and excursions for our Ag students.

If you would like a dozen, please send your \$4.00 into school in an envelope or drop in to get some.



PUMPKINS FOR SALE

Please drop into the school if you would like to buy an Ag Plot Pumpkin (Qld Blues).

Careers with Mrs Staniforth

Just a reminder there are still some **Year 10** students who haven't returned their Work Experience notes. These must be in before their work experience will be organised. It is important that **Year 10** students advise me of their work experience intentions within the next week.

Year 12 - Reminder that UNE early entry is open, if you are thinking about this please apply. Take note in the newsletter there are opportunities for students to visit CSU for specific course days. These are called MY day.

CCS Secondary PBL Raffle Winners



Corey Smith - Wildey Yr. 12 EES

Dominique Gibbons Yr. 10 Ag

Both students receive a \$10 voucher to spend at the School Canteen.



**FOR YOUR REFERENCE, EXAM
TIMETABLE IS PRINTED BELOW MR
HUGHES REPORT.**

WAGGA WAGGA CAMPUS MYDAY

**COME TO MYDAY AT CSU TO FIND OUT
MORE ABOUT OUR COURSES**

- Bachelor of Animal Science
- Bachelor of Equine Science
- Bachelor of Science
- Bachelor of Veterinary Biology/Bachelor of Veterinary Science
- Bachelor of Veterinary Technology

www.csu.edu.au/courses/animal-veterinary-sciences

WHEN: Monday 3 July, 2017, 12:00noon – 5:45pm
Optional Accommodation Tour Departs at 11:00am
Or
Tuesday 4 July, 2017, 8:30am – 2:30pm
Optional Accommodation Tour Departs at 2:30pm

WHERE: Charles Sturt University – Wagga Wagga
Boorooma Street, Wagga Wagga

DRESS: Casual clothing. **Please note that closed in footwear is a requirement for participation in activities and entry into laboratories**

FOOD: BYO or food and beverages can be purchased from the on campus food outlets

See your Careers Adviser for a Registration Form or register your interest at: csu.edu.au/myday

The Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS) Provider Number for Charles Sturt University is 00005F. © Charles Sturt University, 2017.



SCHEDULE * ANIMAL AND VETERINARY SCIENCES WAGGA WAGGA

MONDAY 3 JULY

11:00 Optional Accommodation tour departs
12:00-12:30 Registration
12:30 Introduction session
1:00 – 5:15 Session rotations* including:
Student Lab Workshop (Students only)
Parent Information Session
Facilities Tour
Course Information Session 1 (Veterinary Science)
Course Information Session 2 (Animal Science, Equine Science, Veterinary Technology, Science)
5:15-5:45 Q&A Session

TUESDAY 4 JULY

8:30-9:00 Registration
9:00 Introduction session
9:30-2:00 Session rotations* including:
Student Lab Workshop (Students only)
Parent Information Session
Facilities Tour
Course Information Session 1 (Veterinary Science)
Course Information Session 2 (Animal Science, Equine Science, Veterinary Technology, Science)
2:00-2:30 Q&A Session
2:30 Optional Accommodation tour departs

*There may be changes to this schedule
*Students & Parents will be allocated into session – you will receive your personalised schedule at Registration

See your Careers Adviser for a Registration Form or register your interest at: csu.edu.au/myday

The Commonwealth Register of Institutions and Courses for Overseas Students (CRICOS) Provider Number for Charles Sturt University is 00005F. © Charles Sturt University, 2017.



MyDay Registration Form

MyDay Animal and Veterinary Sciences, Wagga Wagga

Monday 3 & Tuesday 4 July 2017

Please either scan and email or fax the completed Registration Form by 26 June 2017 to:

Fax: 02 6338 6011

Email infoevents@csu.edu.au

Student details

First Name: _____ Surname: _____

Date of Birth: ____/____/____

Phone Number: _____

*Email address: _____
(*This is a required field)

School Name: _____ Postcode: _____

School Year: 12 ☐ 11 ☐

Please indicate your area of interest in order of preference (please choose at least 2)

- Animal Science ☐
Equine Science ☐
Bachelor of Science ☐
Veterinary Science ☐
Veterinary Technology ☐

I will be attending:

Monday 3 July (only) – 12:00noon – 5:45pm ☐

Optional Accommodation tour departs 11am ☐

Or

Tuesday 4 July (only) – 8:30am – 2:30pm ☐

Optional accommodation tour departs 2:30pm ☐

Please note that closed in footwear is a requirement for the day for participation in activities and entry into laboratories.

Do you have a medical condition that we need to be aware of? Yes ☐ No ☐

If yes please provide details _____

Parent/Carer Information Sessions

We will be conducting information sessions on the day for parents/carers.

Please indicate if a parent/carers would like to participate in the sessions.

Attending parent session No ☐ Yes ☐ If Yes how many will be attending _____

www.csu.edu.au

CRICOS Provider Numbers for Charles Sturt University are 00005F (NSW), 01947G (VIC) and 02960B (ACT).

ABN: 63 878 708 551

Book a Black Dog Institute presentation on:

Breaking down depression & building Resilience



About this presentation

Delivered by a trained presenter who has a personal experience of a mood disorder or of caring for a loved one, 'Breaking down depression and building resilience' is a 60 minute presentation suitable for general audiences with, or without a mood disorder. This presentation will provide accurate information about what mood disorders are, their causes, how to spot early warning signs, what to do and how to build personal resilience. The desired outcome is that people will be better informed, better equipped to identify warning signs and feel more comfortable seeking help and communicating more openly and honestly.

Cost: Gold coin donation

Location: Coolah Central School, 13 Binnia Street, Coolah NSW 2843

When: 5:30pm Tuesday 6th June

For more information please email EVELYN.GEORGE@det.nsw.edu.au

Website: www.blackdoginstitute.org.au



**Black Dog
Institute**