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## Newsletter - Monday 8th May 2017 Week 3 Term 2

## Kindy $\mathcal{E}$ Yr 1 Visit Taronga Western Plains Zoo



# Combined CHS Touch Football 

## Coolah/Dunedoo CHS Combined Touch Team Just Miss Out On Finals

On Friday, 28th April the combined touch football team travelled to Mudgee to contest in the Opens Boys CHS Touch Football Gala Day, consisting of 22 teams. This was a new format from previous years.

The teams in our pool were Mendooran Central, Parkes, Blayney, Gulgong and Lithgow High. The day consisted of each team playing 4 pool games and 2 byes each.
We did have a tough draw, our first game was against a very experienced and quick Parkes team who gave us a very tough game, we held our own and came away with a $5 / 4$ win.
Our second game was against a much improved and unorthodox Mendooran team, our boys took the first part of the game a little too easy, resulting in Mendooran having a lead, however, our boys switched on and they came away with a $8 / 4 \mathrm{win}$.

Our third game was against a very quick and steppy Blayney High who defeated us 6/4.
Our last game was against last years Western Region Champions, Lithgow High. If we could manage a win we would go to a cross over final against Bathurst High. We started well and we had a 2 nil lead in the opening 10 minutes. However Lithgow's experienced players kept them in the contest. With only one minute to go Dunedoo held a $4 / 3$ lead and looked the winners, however Lithgow held there nerve and secured an equalizer right on the final whistle. This was enough for Lithgow to progress to the cross over final.


## Staff Changes

Due to the current absence of Mrs Ferguson we have had to make some changes to staffing.
Miss Frazer who currently shares the Years $2 / 3$ class with Mrs Ferguson will take over this class from next Monday $8^{\text {th }}$
May. Miss Watson will take Miss Frazer's secondary classes from Monday $8^{\text {th }}$ May.

## Coolah Central School P \& C Association

I would like to welcome and thank all members of Coolah Central School P \& C Association, and a special welcome to the new members. Without your support we would not have an active P \& C at Coolah central school.
I would like to congratulate the following people who were elected to P \& C positions:
President Barb Baker
Vice president Andrew Thomas
Treasurer Lucinda Miller
Secretary Anne Mumford
Collection of Data - School Students with Disability

## WHAT IS THE NATIONAL DATA COLLECTION?

The Nationally Consistent Collection of Data on School Students with Disability (the national data collection) is an annual collection that counts the number of school students with disability and the level of reasonable educational adjustment they are provided with.
The national data collection counts students who have been identified by a school team as receiving an adjustment to address a disability under the Disability Discrimination Act 1992 (the DDA). The DDA can be accessed from the ComLaw website at www.comlaw.gov.au.

## WHAT IS THE BENEFIT FOR MY CHILD?

The aim of the national data collection is to collect quality information about school students with disability in Australia.

This information will help teachers, principals, education authorities and families to better support students with disability to take part in school on the
same basis as students without disability.
The national data collection is an opportunity for schools to review their learning and support systems and processes to continually improve education outcomes for their students with disability.

## WHY IS THIS DATA BEING COLLECTED?

All schools across Australia collect information about students with disability. But the type of information currently collected varies between each state and territory and across government, Catholic and independent school sectors.

When undertaking the national data collection, every school in Australia will use the same method to collect information. Therefore, a government school in suburban Sydney will collect and submit data in the same way as a Catholic school in country Victoria and an independent school in the Northern Territory.

The information provided through the national data collection will enable all Australian governments to improve target support and resources to benefit students with disability.

## WHAT INFORMATION WILL BE COLLECTED?

Every year your child's school will collect the following information for each student with a disability:
the student's level of education (i.e. primary or secondary)
the student's level of adjustment
the student's broad type of disability.
The information collected by schools will be provided to all governments to inform policy and programme improvement for students with disability.

## HOW WILL MY CHILD'S PRIVACY BE PROTECTED?

Protecting the privacy and confidentiality of all students and their families is essential. Personal details such as student names or other identifying information will not be provided to local or federal education authorities.
Further information about privacy is available from www.education.gov.au/notices.



## Deputy Principal News from Mr Hughes

This week is a busy week with many activities taking place. NAPLAN tests will start on Tuesday and continue Wednesday and Thursday for students in Years 3, 5, 7 and 9. These tests provide teachers with data about students learning which helps to inform teaching practise.
Year 6 students head to Dubbo for the day on Tuesday as part of the ASPIRE Program supported by the University of NSW. They will be learning about robotics and coding programs to instruct robots to do specific tasks. Morning tea and lunch will be provided. Also as part of the ASPIRE Program 4 Year 11 students will spend 3 days at Dubbo this week gaining an understanding about tertiary education.

Thursday is the School Cross Country starting from 10.50. Students will compete in their age races before lunch. After lunch the Colour Run will take place. Students are reminded to complete their sponsorship forms as this is one of the main fundraisers for the $\mathrm{P}+\mathrm{C}$ this year.
This week ends with the K-6 Mother's Day activities on Friday. This will commence with a Picnic at 1 pm followed by a concert at 2 pm . All students and teachers have been practicing hard to make their performances outstandingly entertaining.
The Premier's Debating Challenge starts this week also for Years $11+12$. Good luck to Rosie, Fiona, Kristen and Mikalya who compete in their first debate on Friday.

As always I can be contacted at the school should you have any concerns.

## Miss Fahey's Class



Welcome to week 3!
This week is looking very exciting and extremely busy.
After recess on Thursday we are holding our annual School Cross Country Carnival and then in the afternoon a Colour Run. If you wish to participate in the Colour Run don't forget to pack clothes that you do not mind getting stained as well as a change of clothes to go home in.

Friday we will be holding our K-6 Mothers Day picnic and concert. Looking forward to seeing you all there.
Literacy and Numeracy: Our literacy and numeracy rotations will run as usual.
Science: Our weekly weather will focus on the how clouds are made and the 3 types of clouds we see: Cumulus, Stratus and Cirrus.
Creative Arts: Students will be working hard to complete our Mother's Day gifts
Homework: Contract 9 and is due on Friday.

## A look back at our week:

Last week we completed our class garden bed and look forward to adding some new plants to it. Thanks to Mr Bailey for your help.
For cooking we made sausage rolls. We incorporated vegetables by grating carrot and zucchini and adding it to our recipe.
Congratulations to Izaih on receiving our class merit award at our assembly on Friday.
Birthdays: A big happy birthday to Izaih who will be
celebrating his birthday on Sunday. I hope you have a great day.
Wishing all of our wonderful mothers a very Happy Mother's Day.


## Primary Sport Trials Held in Binnaway.

For the first time Binnaway hosted primary sporting trials last Friday. It was a beautiful Autumn day and our students participated in Boys and Girls Touch Football, Boys Rugby Union and Boys and Girls Soccer. The following students attended the trials.

## Touch Football

Jessica Sternbeck, Phoebe Gilder, Rose Maree Nairne, Taylor Wright, Skyla Wicks, Phoebe Ellis, Maddie Miller, Harriett Nolan.
Boys: Blake Wright, Lachie Cook, Hamish Stanford, Eli Blake, Ardie Curtis.

## Rugby Union

Boys: Eli Blake, Ardie Curtis, Jyeson Pike.

## Soccer

Boys: Ardie Curtis, Eli Blake. Girls: Harriett Nolan, Bella Gibbons.
All students showed amazing manners, sportsmanship and were a credit to their school. In fact Mr White the principal of Binnaway Central was so impressed with our students that he told them he would be ringing Mr Frangos to congratulate him on how well Coolah Central School students behaved on the day.
We had a number of students picked to represent Coonabarabran Zone at either Southern Zone or North West. They include:


Our class captains for this week are Gabby and Harry.
Birthday wishes go to Harry who will celebrate his birthday tomorrow. (We hope that you have a fabulous birthday Harry!).
Happy Mothers' Day to all of our much loved mothers and grandmothers for Sunday. I hope that you all have a wonderful day on Sunday and that you all get spoilt on your special day.

## Homework/Class Work/News

Our Homework unit is Unit 10 in our Homework book. This week we will be starting to learn some new sight words again and they will be got, you, will, run and they. I have also included a sheet in the Homework books whereby the students will also need to practise writing out these words each night please. Home reading will continue, but as the readers are becoming a little trickier, we will now only change our readers each Wednesday and Friday so that the students can start to utilise their new reading skills and not read from memory.
Our new sounds for this week are " $\boldsymbol{\prime}$ " and " $f$ ".
In Maths we will be learning about the number 10, counting back, position and time. Our Writing and our

Art/Craft will be based on our mums and in History we will continue looking at families from other cultures.

## Awards/Achievements

Congratulations go to Georgie and Harry who each received a merit
 certificate at the K-6 assembly last Friday.
Please send in a drink of water and some fruit each day for our sip and crunch.
Wednesday- Library

## Thursday- School Cross Country and Colour Run

## Friday-Mothers' Day Concert

More details are elsewhere in the newsletter regarding the above events. All parents and friends are very welcome to attend these events and we are looking forward to seeing you.

## K-6 News

All K-6 students have been asked to bring their own food and drinks for recess as the canteen will not be available for Infants and Primary students due to time restraints.


## CCS Mother's Day Raffle

 Crochet Quilt
## Kindly Donated by The Singleton Quliters

$$
\$ 1.00 \text { per ticket }
$$ Drawn at the Mother's Day Concert Friday 12th May

Tickets on page 2 of the newsletter

## Year 1/2 News with Mr Rowlands

Week 3 already. Can you believe it? This week we have our School Cross Country event and Colour Run as well as the Mothers Day Picnic \& Concert
Literacy: Literacy groups will continue this week with reading at the L . Soundwaves unit
 10 , grammar unit 10 and the letter ' $G g$ ' as our handwriting focus.

Year 1 Maths: This week we will complete unit 5 in our Maths Plus text books. This unit looks at counting on to find the difference and groups of 10 as well as a look at position and comparing mass.

Homework: Please complete contract 9 in your homework book. Also practise your spelling and remember to read aloud and complete your home reading logs.

Have a great week.
Mr R

Welcome to Week 3! The first two weeks have flown by so quickly!

We have a busy week this week, NAPLAN for our Year 3 students on Tuesday, Wednesday and Thursday. We have Cross Country on Thursday after Recess and on Friday we have our Mothers' Day Picnic! We can't wait to share the afternoon with all guests.

Homework this week is Contract 11 for Year 2 and 3. Books went home today with the spelling words inside. This week our Sound Waves books focus on the sound 'u' as in 'umbrella' and 'rush'. Please write out these words and have some practice each night.

We have had Evan O'Neill and Amber Thomas reach 75 nights reading! Brilliant effort with your daily reading Evan and Amber!

A reminder to all students to bring in their daily reading logs regularly and to continue the fantastic effort you have been putting into your reading! Remember reading the newsletter one night is a
great idea if you would like a change from story books.

Maths: - This week Year 2 will be focusing on Counting Back, Halves and
 Quarters, Angles and Volume.

Year Three - Please see Mrs Burgess' news.
Science - We have begun a new unit on 'Weathering'. We have learnt about how animals and plants can both cause weathering.

Geography—Both Year 2 and 3 have been learning about our town, state and country. We have also been learning about the different landforms in our beautiful state!

It seems May is Birthday month in Year 2/3! We have Sophia Bradley turning 9 on the 10th, Dawson Packham turning 8 on the 14th and also Izaih Fuller turning 9 on the 14th May! We are excited to celebrate with you.

## Year 3/4 News with Mrs Burgess

This week is a particularly busy week with a lot going on.
TUESDAY: NAPLAN for Year 3 and Year 5
WEDNESDAY: NAPLAN for Year 3 and Year 5
THURSDAY: NAPLAN for Year 3 and Year 5, CCS Cross Country and Colour Run.
FRIDAY: Mother's Day Picnic and Concert. To all of our Mums, Nans, Grans and Aunties - we remind you that there is special Mother's Day Picnic and concert next Friday the 12th May. Please see advertisement elsewhere in the newsletter.
Please note that all lessons will be as per normal after the NAPLAN Tests each day.
Congratulations goes to Ben, Sienna and Blair who all received a merit award at last weeks K-6 assembly.
SPELLING: This term we are trying a new approach to Spelling and Vocabulary, with a greater link to the Focus on Reading initiative. The students look more closely at the base of a word and how those words are built on to, also we look at alternative words for our list words and what affixes may have been used and what those affixes might mean or do to the meaning of a word.
This week's spelling focus is based around the sound ' $u$ ' as in umbrella and ' $o$ ' as in monkey. Spelling lists went out today and the weekly test will be on Friday. Super spellers for last week were - Milly, Tia, Lachlan, Sid, Toby, Clare, Indie, KP, Sienna, Jack, Josie and Alice. Super effort to everyone this week with other students only missing out by one or two words.

LITERACY: We are currently looking at descriptive writing in our unit on 'Narratives', with a huge focus on showing the reader rather than telling the reader what is happening or about to happen. In Focus on Reading lessons we are looking more deeply into 'Natural Disasters' in both fiction and non-fiction form and the cause and effects surrounding them.
YEAR THREE MATHS: This week we continue on with our unit on Multiplication and Division. If the students could, at home, revise their known and new times tables this would aid their learning in this area greatly. They need to know and remember $1 \mathrm{x}, 2 \mathrm{x}, 3 \mathrm{x}, 4 \mathrm{x}, 5 \mathrm{x}, 6 \mathrm{x}, 10 \mathrm{x}$ and $11 x$ tables.
SCIENCE: We have begun our new unit on 'Weathering' this week in Science. This unit also crosses over into our story writing and Focus on Reading lessons where we look more deeply into 'Natural Disasters' and how and why these occur.
HISTORY: Our new unit for this term is 'Early World Exploration'. Here we study the impact that early world travel had on Australia and also how this travel has impacted the development of our fabulous country.
SPORT: Sport this week will be on Thursday for the cross country, there will be no sport on Friday due to the Mother's Day Picnic and Concert.
HOMEWORK: Homework went home today, Unit 11 is to be completed and brought back in on Friday.

This week is going to be a busy one!
A huge congratulations to Isaac Curtis and Riley Mills you received Merit Certificates at last Friday's K-6 Assembly.

Well done to all those students who tried out for Rugby Union, Soccer and Touch Football last Friday in Binnaway. Sport is not always about achievement. The effort and sportsmanship you show is just as important. Well done to those that were selected to represent at the next level in their respective sports.
Year 5 will be taking part in NAPLAN on Tuesday, Wednesday and Thursday. On Tuesday I will be away as I am accompanying Mrs McMaster and Year 6 to Robotics day held by ASPIRE in Dubbo.

Our annual School Cross Country Carnival and afternoon fun will be held on Thursday May 11th and this will commence after recess. The Cross Country will be followed by a Colour Run, If you have not sent back your permission note for the Colour Run please ensure it is returned ASAP. Then on Friday May 12th, we will be holding our Mother's Day picnic and concert for K-6.

SPELLING: Spelling focus for this week will be ' $u$ ' and ' $o$ ' as in 'umbrella' and 'monkey'. We had many super spellers last week. These students were Tom, Isaac, Cooper, Grace, Bonnie, Isabelle, Fiora, Maggie, Kane and Hallam. Congratulations to these
students and to all those who continually work hard at home to practice and learn their words.
YEAR FOUR MATHS: We are continuing on with our unit on addition and subtraction mental strategies. This unit looks at introducing students to a variety of strategies and ways to complete addition and subtraction problems. Last week we looked at both versions of the 'split strategy 'and the 'bridging to ten' strategy. Knowing number complements to 10 for example $4 \& 6,3 \& 7$ (our 'Friends of Ten') is something many students are having some difficulty with. This is a very important concept within this unit, and in many areas of mathematical work, so it would be very helpful if you were able to work on this at home with your children. Please see Mrs Wesley's Maths' report for Year 5.

SCIENCE: We are continuing our unit on Extreme Weather.
CREATIVE \& PRACTICAL ARTS: Students have been working very hard ont heir Mother's Day gift ready for this Sunday.
HOMEWORK: Students are to complete both pages of Unit 10 and this is due back in on Friday this week. Well done to everyone who hands in their homework every week.

Have a great week.

## Year 5/6 News with Mrs Wesley



Congratulations on your sportsmanship and efforts at Friday's trials in Binnaway for Rugby Union, Soccer and Touch Football. Well done to those that were selected to represent at the next level in their respective sports.

This week is our big week in many ways:
Tuesday Year 6 students are in Dubbo with ASPIRE to take part in Robotics. Mrs McMaster and Mrs O'Neill will be accompanying the students. Morning tea and lunch are proved and students need to be in full school uniform.

Tuesday, Wednesday and Thursday mornings, Year 5 's will be taking part in the annual NAPLAN

Thursday from recess on we are holding our annual School Cross Country Carnival and afternoon Colour Run.

Friday we will be holding a K-6 Mothers Day Picnic and Concert.

SPELLING: Spelling focus for this week will be ' $u$ ' and ' $o$ ' as in 'umbrella' and 'monkey'. Take time out everyday to revise your words and use them in interesting sentences. If you don't know what a word means look it up in the dictionary.

HOMEWORK: Contract 10 needs to be completed and brought back in on Friday or earlier.

GEOGRAPHY: We continue to venture around the world looking at different continents and countries with in.

SCIENCE: Last week we began our new unit 'Weather Extremes'.

Congratulations to Blake and Harriet on receiving Merit certificates at Fridays K-6 Assembly.

A very Happy Birthday to Reginald who celebrates on Wednesday.

Have a great week everyone and keep working hard.
 © COMCOTE

Dear Mums Nans Grans \& Aunties
You are invited to attend the Coolah Central School Mother's Day Picnic and Concert on

## Friday $12^{\text {th }}$ May 2017

A catered lunch of sandwiches, quiches and slice as well as coffee from the P\&C will be served to ALL
students and their Mums @ 1pm.

Gold coin donation per person

Following lunch K-6 Students will present a concert to all in attendance @2pm

## () BYO Picnic blankets ©



R 9 B



## Sport with Mrs Staniforth



Coolah Central School, K-12, will be holding an inaugural Colour Run on Thursday 11th May at approximately 1.30 pm . This activity has been organised with the help of School Fundraising who have provided all the equipment needed to run the event and all proceeds will go towards the school's P\&C to help fund the numerous activities and resources our students require.
Each student will have received a sponsorship booklet today. These are used to collect their money for the event.
We will be holding a 4 km Colour Run and at the completion of the Colour Run students will be required to collect their monies and return them to the front office by Friday 19th May, 2017 so all monies and booklets can be collated and sent for students to receive their prizes.

Students are encouraged to bring an old white shirt for the run as the powder that is used (non-toxic$98 \%$ cornstarch and $2 \%$ food colouring) may not all come out in the wash. It will also be a requirement for any student going home on a bus, that they will need a change of clothes.
A permission note has been sent home with all students today and it is important that all students return it by Friday 5th May.
Hopefully we will have a great day for our Cross Country and Colour Runs. Parents and carers are encouraged to come along and participate too!


Dear Parents / Guardians

We are all signed up for students to use online fundraising!
Simply go to www.myprofilepage.com.au and create a profile page. Students can add their fundraising goal, page image and much more! By simply creating a profile page you are automatically in the draw to win an Apple Watch.

There is a fee charge of $6 \%$ + GST for any funds that are raised online by the school, however GoFundraise do supply a donor pay button. This means you could help the school out by clicking onto that donor pay button and adding that 6\%+GST to your donation.

It would be kindly appreciated to help the school out and click onto that donor pay button to help put those funds towards (REASON FOR FUNDRAISING)

If you do have any questions about online fundraising you are more than welcome to contact either myself or the Program Manager at Australian Fundraising Cindy Kluck direct on cindy@australianfundraising.com.au or 1300133022.

Kind Regards
Lenore Curtis
Coolah Central School

## Whole School Sports News

Remember Thursday 19th May, this Thursday, is our Cross Country and Colour Run. Students must remember to:

* have plenty of water for the day
* wear house colours for the Cross Country
* have sunscreen and a hat
* a white shirt or light coloured shirt for the Colour Run
* a change of clothes if catching a bus home

All students should have returned their permission note to participate in the Colour Run. Please note there is a timetable included in this newsletter for each event on Thursday.

Trials are underway for all our Central Schools Knockout teams. These begin Week 5 with Touch Football.
A number of boys and girls will be participating in Rugby 7's next Wednesday in Coonabarabran.

| Cross Country Program - Thursday 11th May 2017 |  |  |  |
| :---: | :---: | :---: | :---: |
| Time | Event | Age Group | Distance |
| 9:00am | Period 1 |  |  |
| 9:55am | Period 2 |  |  |
| 10:45am | Assemble in Quadrangle \& Proceed to Oval for Recess |  |  |
| 11:30am | 1 | Boys $16,17+$ yrs | 6 km |
| 11:40am | 2 | Sec. Boys/Girls $12,13 \mathrm{yrs}$ | 3 km |
| 11:50am | 3 | Boys 14,15 yrs / Girls $14,15,16,17+$ yrs | 4 km |
| 12:00am | 4 | Infants $5,6,7$ yrs | 1 km |
| 12:10pm | 5 | Prim. Boys/Girls 11 yrs | 3 km |
| 12:20pm | 6 | Prim. Girls/Boys 12,13 yrs | 3 km |
| 12:30pm | 7 | Prim. Boys/Girls 10 yrs | 2 km |
| $\mathbf{1 2 : 4 0 p m}$ | 8 | Prim Boys/Girls 8,9 yrs | 2 km |
| 12:50pm |  | Lunch-Handing out ribbons |  |
| $\mathbf{1 : 3 0 p m}$ |  | Colour Run |  |

## Kye Off to Dubbo

Kye and his team mate Lachlan Thompson from Gulgong won the Noel Soanne Memorial Pairs Tournament in the 14 years and Under Division, held at Club Dubbo on 20th and 21st of April 2017. They were undefeated in 5 games of 12 ends.

Kye and Brody Pettet also attended a training day with the NSW Junior squad at Club Dubbo in the Easter holidays.
Kye played in the Zone Singles Championships .
Also Kye and Lachlan played in the Zone Pairs Championships winning 2 of 3 games, only to be beaten by the team that won the overall competition.


## Careers with Mrs Staniforth

Last week Years 11 \& 12 students attended a Careers Expo and UAC talk at Dubbo Senior Campus. The Careers Expo allowed the students to personally discuss career options with a wide range of Career providers - Universities, Tafe, Army, Navy, Airforce, Racing NSW and Hospitality providers as well as Dance, Drama, Computer Games Designers and pretty well something for everyone. This is a great place to help students gain some insight into the many careers available.
Friday was UNE Open Day in Armidale where some of our Year 11 \& 12 students gained great insight
into university life and courses offered. I think this helped our students again, realise that Uni maybe an option post school.
A reminder Year 10 Work Experience is creeping up. A note has gone home today with all year 10 students gaining permission to partake in Work Experience. It is also important that parents discuss with their child their options for Work Experience and let me know what they would like to pursue. Remember it is important that Work Experience be something your interested in to make it a valuable time.

## Year 7 - English—Spelling Weekly

- English—Globe Assessment due May 15th

Year 8 - History—Viking Shield due Week 5
Year 9 • History—Topic Test Week 5

- English—Coraline Reading \& Chapter Questions: Ongoing
- English—Spelling: Weekly

Year 10 • History Assignment Due Friday
Year 11 - Advanced English—Read Othello

- Examination Preparation
- Geography—Group Interactions Task: Ongoing

Year 12 - Ancient History- Augustus Assessment
Can parents and guardians please check students diaries as there may be additional homework or teacher correspondence


## COOLAH CENTRAL SCHOOL <br> CANTEEN PRICE LIST.

## Winter Menu - Terms 2 \& 3

| Chicken Wedges | \$1.00 | Pizza Single | \$2.50 |
| :---: | :---: | :---: | :---: |
| Corn on Cob | \$0.50 | Large pies | \$3.50 |
| Yummy Drummies | \$1.00 | Potato pie | \$3.60 |
| Potato Scallop | \$1.00 | Chick/Veg Pie | \$3.60 |
| Hash Brown | \$1.00 | Sausage Roll | \$3.00 |
| Sweet Chilli Tender | \$1.50 | Mini pie | \$2.00 |
| Chiko Roll | \$2.50 | Mini potato pie | \$2.20 |
| Cup Noodles Beef/Chick | \$2.00 | Chicken Burger | \$6.00 |
| Soup of the week | \$2.00 | Hamburger | \$6.00 |
| Chicken chips (6 for) | \$1.50 | B/E Muffin | \$2.50 |
| Chick/corn roll | \$2.00 | Bacon \& Egg Pastry Roll | \$3.00 |
| Pluto pups | \$2.50 | Mac \& Cheese | \$3.00 |
|  |  | Lasagne | \$3.00 |
| Tomato Sauce (Portion) | \$0.30 | Fried Rice | \$3.00 |
| BBQ Sauce (Portion) | \$0.30 | Garlic Bread | \$3.00 |


|  | SANDNCMES/ROLIS/WRAPS |  |  |
| :--- | :--- | :--- | :--- |
| Vegemite | $\$ 1.00$ | Sml Chilli Sub |  |
| Cheese or Tomato | $\$ 2.00$ | Large Chilli Sub | $\$ 4.00$ |
| Egg | $\$ 2.00$ | Ham/Cheese Tornado | $\$ 3.50$ |
| Ham or Chicken | $\$ 3.00$ | Chicken/gravy rolls | $\$ 4.00$ |
| Salad | $\$ 4.00$ | B.L.T. | $\$ 3.00$ |
| Meat \& Salad | $\$ 5.00$ | Toasted sand. | $\$ 4.00$ |
| Chilli tender wrap | $\$ 5.00$ (all salad) | Crumbed Fish Wrap | $\$ 5.00$ |


| DRTNKS |  | Plain or Chicken salt - no cost - please ask |  |
| :---: | :---: | :---: | :---: |
| Poppers(sml) | \$1.20 |  |  |
| Fruit Juice (sml) | \$2.00 |  |  |
| Fruit Juice (lg) | \$3.00 |  |  |
| LOL | \$2.00 | SNACK |  |
| Bottle water | \$1.20 |  |  |
| Cans | \$2.50 | Zooper Dooper | \$0.50 |
| Milkshake (sml) | \$1.00 | Frozen Yoghurt | \$1.50 |
| Milkshake (med) | \$1.50 | Lemonade Icypole | \$1.00 |
| Milkshake (lg) | \$2.00 | Paddle pops | \$1.50 |
| Hot chocolate | \$2.00 | Potato Chips | \$1.00 |
| Lge milk | \$3.00 | Popcorn | \$1.00 |
| Sml milk | \$2.00 | Ovaltines | \$0.60 |
| Slush Puppy | \$2.00 | Muffins (homemade) | \$1.00 |
| Smoothie-Milk, Juice | \$2.50 | Mini Calyppo | \$1.00 |

drawings), ruler, calculator \& geometry instruments where appropriate, highlighter, coloured pencils if desired, tissues if needed. Spare equipment will not be
available in the examination room.



 Students may not speak to any person other than to a teacher whilst an Examination is in progress; nor may they behave in any way likely to disturb the


Students are to be in full school uniform for all exams
NO student who is late will be admitted to the Examin
EXAM RULES

1. Students

$(c+$ s.lyz)

## IV

## Communicable Diseases Factsheet

## Measles

Measles is a serious disease that is easily spread through the air. Immunisation is effective in preventing the disease. All children and adults born during or after 1966 should be vaccinated with 2 doses of measles containing vaccine if not already immune.

Last updated: 6 March 2014

## What is measles?

- Measles is a viral disease that may have serious complications.
- In the past, measles infection was very common in childhood. Measles is now rare in NSW because of immunisation but many areas of the world continue to experience outbreaks. In 2008 there were 164,000 deaths worldwide due to measles.


## What are the symptoms?

- The first symptoms are fever, tiredness, cough, runny nose, sore red eyes and feeling unwell. A few days later a rash appears. The rash starts on the face, spreads down to the body and lasts for 4-7 days. The rash is not itchy.
- Up to a third of people with measles have complications. These include ear infections, diarrhoea and pneumonia, and may require hospitalisation. About one in every 1000 people with measles develops encephalitis (swelling of the brain).


## How is it spread?

- Measles is usually spread when a person breathes in the measles virus that has been coughed or sneezed into the air by an infectious person. Measles is one of the most easily spread of all human infections. Just being in the same room as someone with measles can result in infection.
- People with measles are usually infectious from just before the symptoms begin until four days after the rash appears. The time from exposure to becoming sick is usually about 10 days. The rash usually appears around 14 days after exposure.


## Who is at risk?

Measles was common before 1966, so most people born before then are immune.
People at risk of measles include:

- people born during or since 1966 who have never had measles and who have not had two doses of measles containing vaccine from the age of 12 months.
- people with a weak immune system (e.g., people who are receiving chemotherapy or radiotherapy for cancer or people who take high-dose steroid medications) even if they have been fully immunised or have had past measles infection.
- people who are not immune and who travel overseas.


## How is it prevented?

- The best protection against measles is immunisation with two doses of MMR vaccine (measles, mumps \& rubella). This vaccine provides protection against infection with measles, as well as against mumps and rubella.
- MMR vaccine should be given to children at age 12 months and a second dose as MMRV (measles, mumps, rubella \& varicella) should be given at 18 months of age.
- Anyone born during or after 1966 and who has never had measles infection or measles vaccination should see their doctor to make sure that they have had two doses of measles containing vaccine at least four weeks apart.
- It is safe to have the vaccine more than twice, so people who are unsure should be vaccinated.
- People with measles should stay at home until they are no longer infectious (i.e. until 4 days after the rash starts).
- For people who are not immune and have come into contact with a person with measles, infection can sometimes still be prevented with measles containing vaccine if given within 3 days of exposure or with immunoglobulin (a treatment made from blood that will protect against measles when injected) within 7 days of exposure.


## How is it diagnosed?

- Measles is suspected when a person feels unwell, has a cough, runny nose or sore eyes and a fever followed by a rash.
- Whenever measles is suspected, a blood test and samples from the nose, throat and urine should be collected to confirm the diagnosis. Confirmation of the diagnosis is important as it allows prompt public health follow-up of other people who are at risk of measles.


## How is it treated?

- People with measles infection are normally advised to rest, drink plenty of fluids, and take paracetamol to treat the fever. There is no specific treatment.
- While a person is infectious with measles it is important that he or she remains at home to reduce the possibility of spreading it to other people.


## What is the public health response?

- Doctors, hospitals and laboratories, schools and childcare centres must notify cases of measles to the local public health unit. Public health unit staff will interview the doctor and patient (or carers) to find out how the infection occurred, identify other people at risk of infection, implement control measures (such as immunisation and restrictions on attending school or work) and provide other advice.
- The fact sheet, "Measles: Information for Contacts" has more information for people who have been exposed to an infectious person. (http://www.health.nsw.gov.au/resources/publichealth/infectious/diseases/measles/measles info for contacts.pdf )

For further information please call your local Public Health Unit on 1300066055 or visit the New South Wales Health website www.health.nsw.gov.au

## Exciting opportunity for Girls 7's Rugby Union

David Maher from Coonabarabran Rugby Union is organising Warrumbungles Girls Rugby 7's sides to participate in this 4 week tournament. If you are a Secondary girl aged $13,14,15$ or 16 and you are interested, please contact David on 0428873474.


## Course info

where
Victoria Park No. 2 \& 3 Oval
Gipps St
Dubbo
NSW 2830
when
Friday May 26th,
Friday Jun $2^{\text {nd }}, 9^{\text {th }} \& 16$ th


Games from 6pm

## comp benefits

- Meet new people
- Learn new skills
- HAVE FUN
cost
\$20 per player

amcdonald@nswrugby.com,aut

