



## **WHOLE SCHOOL BREAKFAST RETURNS FOR 2017**



On Wednesday workers Karyn Sulter and Kate Baker from Barnardos visited Coolah Central School and joined the students and staff for their morning walk.

Barnardos supplied fresh fruit to complement the breakfast that was already planned and prepared.

Kate and Karyn talked to students and staff about the programs they work with at Barnardos.

Karyn out-reaches from Coonabarabran and covers 2 programs, Families NSW, working with families with children 0-8yrs. Karen also works Stranger Together 2, which works with families who have children aged 0-8 that have a disability.

Kate out reaches from Mudgee and works with young people aged 12 to 18 years in a program called Reconnect. Reconnect works with young people creating opportunities, choices and support for young people and their families.

Barnardos staff visit the Coolah and Dunedoo areas on a weekly basis providing support to families in need.





### **Entering School Grounds**

Visitors (including parents, carers and volunteers) are not to enter the school grounds without first signing in at the administration office. Visitors are required to sign out when leaving the school grounds.

Visitors are not to enter the playground or go to the classrooms during class time, or at lunch or recess time. If they wish to bring their child's recess or lunch to school, it must be left at the office and delivery will be arranged.

### **Trade Training Centre**

The preliminary plans for the new Trade Training Centre for Timber and Metal courses to be constructed later this year at Coolah Central School have progressed to a stage where the Project Manager will be setting up a kiosk for community consultation on Wednesday 29<sup>th</sup> March between 9 and 11am. The location will be in front of the IGA store. This is an opportunity for the community to ask questions about the new facility.

# STOP PRESS

## COOLAH CENTRAL SCHOOL

## P & C

## ANNUAL GENERAL MEETING

## TOMMOROW—21/3/17

## 6PM

## CCS STAFF ROOM

### **Deputy News with Mr Winston Hughes**



Congratulations to all of those students who participated in Zone selection trials last week. Trials included Under 15's Touch Football, Secondary 3-Way Winter Trials at Gunnedah and Primary North-West Basketball Trials. Well done to all those students selected to participate at the next level.

This week is a busy week also with students participating in the Binnaway Show Judging on Tuesday and the Primary South Zone Rugby League Trials on Friday. Four students are participating in an excursion to the Australian Defence Force Academy supported by the ASPIRE Program. A special thankyou to all the teachers who have organised students and teams to participate in these activities.

You will notice later in the newsletter information about how to treat head lice. On Friday we had reports of some students with head lice in Year 2 and 3 classes. Letters were sent home with students in these classes on Friday alerting parents. Parents and caregivers are encouraged to check their child's hair regularly for head lice and to follow the advice contained later in this newsletter when treating head lice.

Leading to the end of term we are looking at study tips. These study tips are fundamental in students achieving their potential, especially in senior years. Study tip 3 is; Think Ahead. A description of what this means for students has been included in this newsletter.

As always I can be contacted at the school should you have any concerns.

### **Study Tip 3**

**THINK AHEAD:** Part of 'stepping up' is that you don't just wait for someone to tell you to do something. You think ahead and work strategically.

This means:

If you know there will be exams (and there are always exams) then don't just wait until exam time to get your act together. Make your study notes as you go. Every time you finish a topic make study notes for that topic and file it away at home. Don't fall too far behind. Keep improving and condensing your notes throughout the year.



Our **class captains** for this week are **Millie C.** and **Malaki**.

Thankyou to all parents who have paid for their children's **bookpacks** already. If you haven't done so please do so as soon as possible or come and see me if you are unable to do so.

If there are any parents/grandparents who would like to come and assist in the classroom by listening to students read, please let me know which day would suit you. We do our L3 (Reading and Writing) activities from 9.30am until 10.45am each morning. Please remember that you will need to have completed a "Working with Children Check" .

A very warm welcome goes to **Hunter** and his family who have joined us. We hope that you all enjoy our school as much as we do.

Birthday wishes go to **Che** who will celebrate her birthday on Thursday. (We hope that you have a fabulous birthday Che!)

### Homework/Class Work/News

Our Homework unit is **Unit 6** in our Homework book. The Homework last week was fabulous! Well done everyone!

Our new sight words to learn this week are **Mum, Dad, big, little** and **look** and we will also be learning the sounds "**r**" and "**m**".

The children also need to practise their readers each day please.

In Maths we will be learning about the number 6, adding, coins and we will be tracing shapes.

In History we will continue looking at our families and this week we will look at how families are made up and in Science we will be looking at the needs of animals. In Literacy we will continue learning how to read, write and use our new sight words and sounds and we will continue looking at "The Very Hungry Caterpillar". We will also be writing about our favourite foods.

In Art and Craft we will finish making our very own hungry caterpillars and we will commence making our hats for our Easter Hat Parade. In Geography we will be making a model of our school.

### Awards/Achievements

Congratulations go to **Shae, Blake** and **Hunter** who each received a merit certificate at our last K-6 assembly.

Congratulations also go to **Noel** who has completed 25 nights of home reading.

**Please send in a drink of water and some fruit each day for our sip and crunch.**

### Wednesday- Library

We have a wonderful Maths programme that the children can do on their computer at home called **Mathletics**. Please let me know if you would like your child's password. This programme reinforces the work that we complete at school.



## Year 1/2 News with Mr Rowlands

**Literacy groups** run this week with reading at the L, soundwaves, grammar, handwriting and creative writing happening in the other groups. The Modelled **Writing** and **Creative arts** lessons this week will be based on the story "Do Not Open This Book" which is written by Radio host and comedian Andy Lee.

**Maths:** This week we will complete unit 2 of our Maths Plus text books. This unit looks at subtraction and place value of numbers as well as a look at identifying 3D shapes and comparing area. All Year 1 students completed their unit 1 test last Friday with some very pleasing results from all students. Well done Year 1!!

**Homework** completion was very high again last week, though a few forgot to hand in on Friday. Please remind your child to hand in their Homework folder on Fridays! This week students are to **complete Contract 6, revise their spelling list at least 3 times in their spelling book and read for 5minutes aloud** each night. Remember also to hand in your reading log for marking and

monitoring please. Well done to the 12 students who received their 25 nights reading award last week. A great start....Keep it up!

Last week in **PE** we focused on the fundamental skill of catching. This week we will combine that skill with throwing while in **PD Health** we continue to look at 'Healthy and Unhealthy Lifestyles' and lunch boxes vs canteen food. We are also well and truly into our **History** unit on 'Families and their Roles' and our **Geography** unit on 'Natural & Constructed Features'.

**Easter hat** production is fast approaching. If you have any decorations you would like to donate to the making process you can start to bring them in. Donations of Easter eggs for the Easter raffle can also start this week. Have a great week 9.

Mr R



Welcome to Week 9!

It is hard to believe there are only three weeks until the end of term! The students in our class continue to work hard in all areas. They are a well behaved and interested group. Keep up the great effort everyone!

Homework this week is Contract 6 for Year 2 and 3. Books went home today with the spelling words inside. This week our Sound Waves books focus on the sound 'i' for igloo. Please write out these words and practice each night. If written in a book at home they do not need to be brought into class every week but they can be brought in every few weeks if your child would like to show me. Our test will be on Friday.

We had great Spelling test results in Week 7 from Amber, Elke, Matilda, Lakkita, Zoe, and Evan from Year 2 and Chloe, Claudia and Dawson from Year 3! Excellent results from last week were achieved by Elke, Ebony, Zoe, Angus, Dawson and Evan from Year 2 and Sophia and Jessi from Year 3! Excellent effort!

A 25 nights Reading Award went to Sophia, Henry, Claudia and Chloe!! Well done and keep up the great effort!!

Last week's Primary Assembly Awards went to Claudia and Zoe for their excellent behaviour and conscientious attitude to their schoolwork!



**Maths:** - This week Year Two will be working on Place Value, Faces, Vertices and Edges, Digital time, Counting on / Addition. Year Three-Please see Mrs Burgess' news.

**Science** - We are focussing on Palaeontology and Fossils in Science this term, we are enjoying learning about how fossils are made!

**History** - Year 2 are working on 'Learning from the Past'. Year 3 are working on 'Exploration Around the World'.

**Geography** -Year 2 are working on 'People and Places'. Year 3 are looking at 'Australia', states, territories, towns and cities.

**Sport** - This Friday we will be playing basketball, cricket, softball and Newcombe ball for sport. Students will be in groups and they will rotate around these four activities each Friday.

## Year 3/4 News with Mrs Burgess

Welcome to week 9. The weather is beginning to cool down and I remind all students to please have their jumpers labeled so they are able to be returned to the correct owner if misplaced.

Congratulations to Josie, Maddie and Olivia who all received merit awards at last weeks assembly.

**SPELLING:** The spelling sound for this week is 'i' as in igloo. The test for this list will be on Friday.

Super spellers for week 7 are: Josie, Geoffrey, KP, Clare, Alice, Ben, Tia, Sid, Lachie and Hamish.

A reminder to all students that it is important for them to revise their lists each week. This can be done by rewriting the list in a test form or copying it out, testing the list verbally or writing the words in sentences. In some instances students should be beginning to use some of these higher order words, from across all lists, in their everyday conversation.

**YEAR THREE MATHS:** This week we will complete our unit on addition and subtraction on Monday. I will send the assessments already completed on whole number and 3D space as well as addition and subtraction home in the assessment workbook, these workbooks do need to be returned to school the next day though.

**HISTORY:** We have started our unit on 'Explorers Around the World' looking at early world exploration.

**SCIENCE:** We will continue on with our unit on dinosaurs, paleontology and fossilisation in Science.

**GEOGRAPHY:** Our new unit will look at 'Australia'. In this unit we look into states, territories, towns, cities and other features on our great land.

**PE:** We began PE last week on Tuesday afternoon, this week we will focus on cricket skills. A reminder to all students to have their joggers with them on Tuesday. Cricket trials will also be on Tuesday afternoon, for those students who have put their name down on the list.

**Sport:** We will spend the last 2 weeks of term playing cricket, Newcombe ball, basketball and softball; students are enjoying these rotations and also the experience of mixed groups and different ball games.

**HOMEWORK:** Homework went home today, Unit 6 in to be completed and brought back in on Friday. Have a great week!



Welcome back to Week 9!

Next week on Tuesday the 28th of March we have our Term 1 Parent/Teacher interviews. Appointment sheets were handed out last week. If you haven't returned them and you wish to have an interview please make sure they are returned ASAP.

This week our School based Cricket Trials will be completed. This will be on Tuesday at 1.30pm so please bring your gear if you have it and you want to try out.

Congratulations to Hallam Weatherley, Jessica Sternbeck and Phoebe Gilder who all received a Merit Award at last week's K-6 Assembly. Congratulations also to Tessa Rindfleish, Lachlan Cook and Maggie Walker who have all achieved 25 nights of home reading.

**SPELLING:** The spelling sound for this week is 'i' as in igloo. The test for this list will be on Friday. Super spellers for week 8 were: Isaac, James, Bonnie and Phoebe. Congratulations to these people.

**YEAR FOUR MATHS:** We completed our unit on fractions last week and students completed their in class test on Friday. I will send copies of your

students' tests home so you are able to see areas that they can be working on at home. This week we commence a topic on Units of Length.

Please see Mrs Wesley's Maths' report for Year 5.

**GEOGRAPHY:** This week in Geography we will be investigating how farming, plantation forests, mining and urban development has changed the environment.

**SCIENCE:** Students should all hopefully have made a start on their assignments. These assignments are due back on Monday April 3rd. Students will have some class time to complete this. If you have any questions in regards to this assignment please feel free to contact me.

**HOMEWORK:** Students are to complete both pages of Unit 6 and this is due back in on Friday this week. I am very pleased with the homework being completed so well done to everyone.

I'm looking forward to another productive week in year 4/5.

Mrs O'Neill



## **Year 5/6 News with Mrs Wesley**



Students were given an Assessment Task last week as part of our Science unit 'Adaptations'. Lots of questions were asked and answered on the day and everyone seems to be looking forward to the task. The Assessment is due on Friday 7th April, but can be handed in earlier if desired.

Next Tuesday 28th March, are our annual Term 1 Parent/Teacher interviews. These appointment sheets were handed out last week.

**SPELLING:** Spelling focus for this week will be 'i' as in 'igloo'. Take time out everyday to revise your words and use them in interesting sentences. If you don't know what a word means look it up in the dictionary.

**HOMEWORK:** Contract 6 needs to be completed and brought back in on Friday.

At last week's K-6 Assembly, TP and Archie received Merit Awards. Congratulations to you both on your outstanding efforts.

School based Cricket Trials will be on Tuesday at 1.30pm. Please bring gear if you have it.

Have a great week and keep working hard.



Phoebe Ellis, Taylor Wright & Rosemaree Nairne, represented Zone at North West Basketball in Tamworth last Friday. The Zone team they played in won two out of the three games and the girls reported that it was a really fun day. Well done girls.





Welcome to Week 9! The term is moving very fast and we still have many exciting things planned.

We had another very busy week. Well done to Ayeisha who got an award at our assembly on Friday.

This week we will look very closely at the season Autumn and explore the changes we can see in the trees around the school. In art and craft we will be finishing our Weather Wall in our room by making some rain drops. Well done to Liam M and Izaih who did a wonderful job making the paper chains for our Weather Wall rainbow.

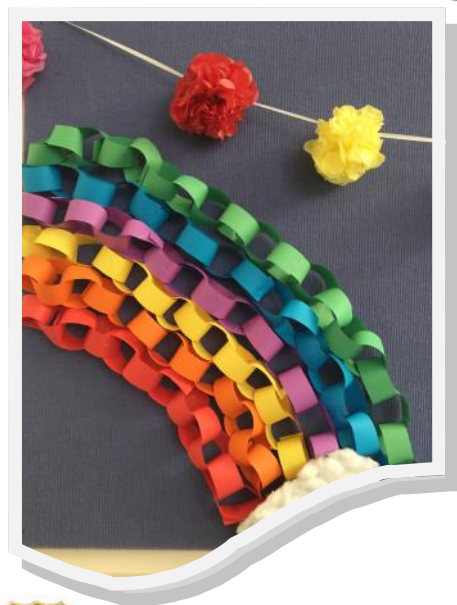
Homework this week is contract 6 and is due on Friday. Remember to practice your reading.

We will continue to practice our spelling and sight words by writing them in shaving foam, coloured rice and salt. We will also do fine motor rotations to practice our handwriting skills.

On St Patrick's Day we decorated biscuits with four leaf clovers and shamrocks. We researched the celebration and the country of Ireland. Everyone loved making and colouring their green icing and decorating their biscuits.

As the weather begins to cool off we will continue to have sport on Friday afternoon. Sport will be held at school and students will rotate between cricket, newcombe ball, basketball and softball. Looking forward to another exciting week!

Miss Fahey



## SAS staff Reference Group (SRG) Tamworth

### Non-Teaching Staff School Introduction Training Days

#### Course Code NR13249

The Department of Education is seeking people who are interested in commencing work within public schools in your area.

The School Administrative and Support (SAS) staff Reference Group welcome any people looking to start work in school administration to enrol in our Non-Teaching Staff School Introduction training programs.

The aim of this training is to provide participants with an overview of school administrative roles. Participation in this introduction day is not a guarantee of employment with the Department of Education. Following this introduction day, it will be up to individuals to contact schools and follow up possible employment. Participants would then also need to obtain a Working with Children Check (WWCC) clearance (at their own cost) through Service NSW and apply for a Department of Education employee number through a local public school. Many schools have a policy of not employing current parents or associates within their own school.

It would be desirable if participants had a sound knowledge of Microsoft Office.

The training days will be held from 9am-3:30pm in the following locations:

Tamworth - 23 March 2017. Department of Education Office

Armidale - 30 March 2017. Martins Gully Public School

Inverell - 5 April 2017. Macintyre High School

Glen Innes - 6 April 2017. Glen Innes Public School

Scone - 27 April 2017. Scone High School

Moree - 3 May 2017. Moree Secondary College Albert St

Narrabri - 4 May 2017. Narrabri High School

Gunnedah - 11 May 2017. Gunnedah South Public School

To secure a place in this course, you will need to enrol online by using the link below, clicking on the 'community members' tab and following the instructions. They will show you how to obtain a username and password, search for the course using the "Browse Learning" tab then use the course code NR13249, enrol in the venue you wish to attend. You will also need to complete the form attached to this online enrolment and pay a fee of \$20 by cheque or money order made out to Department of Education posted to the address on the form. Morning tea and lunch will be provided on the day.

<https://education.nsw.gov.au/mypl>

#### For more information contact

SAS staff Reference Group - Tamworth  
T 026776 4120 | 175 Rusden Street, Armidale,  
NSW, 2350 | E [SRGTamworth@det.nsw.edu.au](mailto:SRGTamworth@det.nsw.edu.au)  
<https://detwww.det.nsw.edu.au/lhpa/school-administrative-support/sass/sass-reference-groups>

# MANY THANKS TO METROLL

**FOR GIVING THEIR TIME  
TO THE YEAR 11  
IT-METAL STUDENTS,  
SUPPORTING THEM IN  
THEIR INDUSTRY STUDIES**



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# HEAD LICE TREATMENT OPTIONS

## INFORMATION FOR PARENTS AND CARERS

There are two treatment options for head lice.

1. Mechanical removal (removal with a head lice comb)
2. Chemical removal

### Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

### Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working. If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

### What to do about bedding and clothing

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

\*This information is based on information provided on the NSW Health Nitbusters website.



THE 37<sup>th</sup> GOLGONG



PRINCE OF WALES EISTEDDFOD  
2017

COMMENCES: (SUBJECT TO No. OF ENTRANTS)

DANCE: Sunday 30<sup>th</sup> APRIL 2017

SPEECH: Friday 19<sup>th</sup> MAY 2017

MUSIC: Wednesday 24<sup>th</sup> MAY 2017

Gala Concert Friday 26<sup>th</sup> May 7pm

The Eisteddfod is open to ALL and is a wonderful opportunity to participate in a range of arts alongside others of your same age or ability, including beginners!

**ENTRIES CLOSE**

DANCE: 19<sup>th</sup> March 2017, 11:59pm

SPEECH: 2<sup>nd</sup> April 2017, 11:59pm

MUSIC: 2<sup>nd</sup> April 2017, 11:59pm

(NOTE: Late entries will not be accepted)

**Further Information:**

Copies of the 2017 Syllabus and the Entry Form are available on the website:

[www.gulgongeisteddfod.com](http://www.gulgongeisteddfod.com).

Preferred entry is via:

<http://www.stardom.com.au>

where the 2017 Syllabus can also be accessed.

**Mufti Day**



*Whole school free dress*

**31<sup>st</sup> March**

Gold coin donation

All proceeds going to **Blaze Aid**

**CCS Calendar of Events**

**Week 9**

- Tues 21st** Binnaway Junior Judging  
P & C Meeting @ 6pm
- Tues 21st -  
Thurs 23rd** Aspire—ADFA
- Fri 24th** Pri Southern Zone League

**CCS Calendar of Events**

**Week 10**






- 28th Mar**
- Parent/Teacher Interviews
  - David Peachey/Russell Richardson—Dunedoo
- 29th Mar** Sec Winter Trials, 15's & 18's League & Netball
- 30th Mar** Pri Zone Cricket—Coona
- 31st Mar**
- Pri North West League
  - Mufti Day—Blazeaid



- Year 7**
- ◆ English—Homework and spelling—Weekly
  - ◆ English—Finish Reading Holes
  - ◆ History—Ancient Discovery Assessment Task
- Year 8**
- ◆ History—Complete any missed work in booklet—Ongoing
  - ◆ English—Newspaper article—due this Thursday
- Year 9**
- ◆ History—Complete any missed work in booklet—Ongoing
  - ◆ Ag—Questions recorded in books—Weekly
  - ◆ Food Technology—workflow planning assessment due March Monday 27th.
- Year 10**
- ◆ Geography—All maps completed
  - ◆ English—Essay draft due Friday Week 9
  - ◆ English—Essay final due Friday Week 10
  - ◆ History—Homework
  - ◆ Ag—Questions recorded in books—Weekly
  - ◆ Food Technology—workflow planning assessment due March Monday 27th.
  - ◆ Hospitality: Working with Colleagues task March 28th Tuesday
- Year 11**
- ◆ SLR: Games Assessment Wednesday 29th March
  - ◆ Advanced English—Draft portfolio due Friday Week 10
- Year 12**
- ◆ Ancient History— Augustus notes & sample essays
  - ◆ Hospitality: Practical simple dishes March 31st Friday



**Can parents and guardians please check students diaries as there may be additional homework or teacher correspondence**

CCS Easter Raffle Drawn 7th April 2017	CCS Easter Raffle Drawn 7th April 2017	CCS Easter Raffle Drawn 7th April 2017	CCS Easter Raffle Drawn 7th April 2017	CCS Easter Raffle Drawn 7th April 2017
				
Name: .....	Name: .....	Name: .....	Name: .....	Name: .....
Phone: .....	Phone: .....	Phone: .....	Phone: .....	Phone: .....

## COOLAH CENTRAL SCHOOL P & C ASSOCIATION



JUST TO LET YOU KNOW WHAT'S COMING UP WITH THE P & C

### ANNUAL GENERAL MEETING

The AGM for the P & C will be held on the 21st March 2017 at 6pm in the School Staff Room.



All positions will be declared vacant and a number of the previous committee are not seeking re-election.

Please, if you can spare sometime to assist with Fundraising, please come along and get involved. All the money the P & C raises is for the benefit of **ALL** the School Students from Kindergarten to Year 12.

If you are worried you can't make coffee's, don't be we are all only volunteers and training on the job will be provided.

We look forward to seeing lots of new mums and dads there and don't forget it is Parents and Citizens so if there are any Grandparents or friends who want to get involved, please bring them too.

The old saying goes,

'Many hands make light work'.



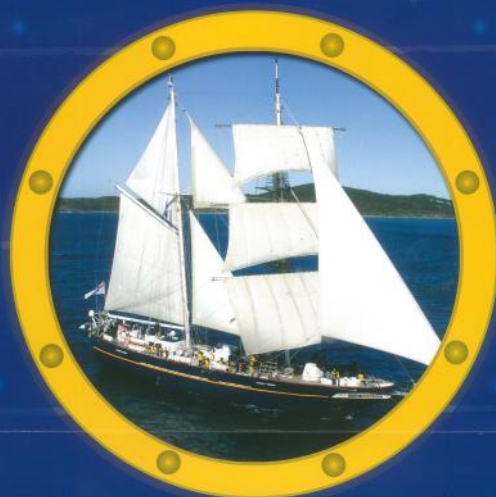
#### Coming Events:

\* 17th - 19th March, we have been invited to have the coffee van at the Coolah Campdraft weekend. If you can assist for a couple of hours on each day, please contact Sally Edwards on 0458 774 519.

\* 14th - 16th April 2017 on the Easter weekend, we will be again attending the Hartwood Country Music Festival



*The P & C Committee would like to thank the Volunteers who have assisted with the P & C during the year. Without the assistance of the Volunteers the P & C would not be able to attend events and raise money for the benefit of the school students.*



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mail@youngendeavour.gov.au

YOUNG ENDEAVOUR YOUTH SCHEME  
EXPAND YOUR HORIZONS

**Any students interested in the Young Endeavour Challenge are asked to contact Miss McDonald**

**COOLAH CENTRAL SCHOOL**

Invites  
**Parents & Carers**  
to our  
**Kindergarten to Year 6  
Easter Hat Parade**  
on  
**Friday 7th April**  
at  
**12.00 Noon**  
Venue: School Hall

## Easter Egg Raffle

CCS are asking for donations of Easter Eggs to raffle at the Easter Hat Parade to be held on Friday 7<sup>th</sup> April at 12 noon.

Raffle tickets will be sold at the door for **\$1 each.**

Please bring your eggs to the Front Office.