

Monday 23rd March 2015

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COOLAH
CENTRAL SCHOOL

Heart of the community ... Key to the world

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★ Black Stump PBL Relunched ★

Last Wednesday the 18th of March we relaunched Positive Behaviour for Learning (PBL) at Coolah Central School, and the school is a buzz with students already seeing their efforts rewarded.

The updated PBL rewards system replaces CHAMPS and all other class based rewards systems so that we have a system that recognises student achievement and consistency. But we took the best parts of each system and incorporated it into our K - 12 models. The new system rewards each student individually so that all efforts add up to real rewards, instead of relying on the luck of a raffle.

One of the more powerful aspects of the relaunched PBL system is that the Student Representative Council is one of the major driving forces behind its success. These changes are in line with school community survey feedback that was gathered from parents, staff and students at the end of 2014 that asked for a more visible and expedient way of rewarding great conduct and efforts. It is also based on consultation with the P&C, staff and other PBL schools that use similar systems.

The new system involves stickers and wrist bands being presented to students to represent their achievement of milestones towards the ultimate goal of a Camouflage Band. This band is a students "PBL ticket" for the end of semester rewards day, rewards days will be broken up into infants, primary and secondary to allow for meaningful experiences. Some examples of rewards days that the SRC and PBL committees are looking into are a trip to Dubbo to see a movie, a day at Flip out or even a trip to the beach in Newcastle. Based on the strong positive feedback on the PBL Letters last year, they have been incorporated into the system when a student reaches a white wrist band, along with the canteen vouchers we have used for many years. If parents do not wish their child to receive a canteen voucher, we are considering other options that are equally valued as milestone rewards.

The school still retains the Bronze, Silver, Gold and Platinum level awards, that will now be used K - 12.

Thank you to the PBL team (Mick McLeod, Megan Wesley, Phil Jones, Shaun Rowlands, Jill Kuchel, Martine Burgess, Evelyn George and Alison Riley) for their efforts in leading the redevelopment of the system, with the SRC, and making it a true reflection of the needs of the students.



Ultimate Goal Camouflage





Coolah Central School

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19th March 2015

Parent Update – P&C AGM

Last Tuesday evening we held our 2015 P&C AGM.

Congratulations to Barb Baker (Vice President) and Lucinda Miller (Treasurer and Public Officer) as elected executive positions. Thankyou to all parents and carers that attended gave their input and support to the group.

Unfortunately we were unable to fill the roles of President and Secretary due to no nominations for these positions. All P&C executive roles are critical for the operations of the group in its efforts to support the school.

The outgoing P&C executive will maintain all fundraising commitments planned for Term 1, such as the Autumn Fair. No future events can be scheduled as fundraisers until all P&C roles are filled.

In 2014 the P&C raised close to \$40,000 for the school, with the majority being used for subsidising programs and resources K – 12. Without future fundraising events being planned, this will dramatically affect the ability to subsidise costs for families which include K-6 Book packs, purchase of required Text Books and annual School Excursions.

I encourage all parents' and carers to come along to the next meeting on **Tuesday the 21st of April at 6pm** to get involved in this great group and allow the P&C to fill vacant executive positions.

Regards

Brendan Maher
Principal

Student Applications for the 2015 State Music Camps are now open.

Students from NSW Government schools have been attending State Music Camps for more than 60 years. Talented music students join together for one week each year to receive expert tutelage and develop their performance skills. Participants rehearse and perform high quality repertoire culminating in a concert for families and friends on the final night of the camp.

Musical activities at camp include participation in a major ensemble (symphony orchestra, symphonic bands, vocal ensembles, rock band and saxophone ensemble) as well as a number of elective ensembles and activities. Elective activities include brass and woodwind ensembles, stage band, jazz improvisation, composition, music technology, music theatre, music and movement.

The dates for State Music Camps this year are as follows:

State **Senior** Music Camp: Sunday 21 June – Friday 26 June 2015 (last week Term 2)

State **Junior** Music Camp: Sunday 12 July – Friday 17 July 2015 (first week Term 3)

The camps will be held at Sydney Academy of Sport, Wakehurst Parkway, Narrabeen. (Office of Communities, Sport & Recreation)

Contact the school for more details - applications close on Friday 1st May 2015.

COOLAH CENTRAL SCHOOL ELECTION DAY AUTUMN FAIR



Saturday, 28th March
CCS School Grounds
8am – 1pm

-
- | | |
|--|------------------------------|
| • Market Stalls from all over the district | • Jewellery/Gifts |
| • Entertainment from local artists | • Pony Rides |
| • Games Arcade/Dance Machine | • Tractor Rides |
| • Cake Stall | • Huge Jumping Castle |
| • Devonshire Teas | • Showbags |
| • BBQ breakfast & lunch | • Easter Hat Parade and Hunt |
| • Chocolate Wheel | • Animal Nursery |
| • Plants Galore | • Trash & Treasure |
-

***See you there for a fun
family morning in the sun***

*For more information or to book a stall please phone
Robyn or Kathy at the school on **63771101***

Grandfriends Day

Friday 1st May

1.30pm

Activities with Students
&
Afternoon Tea

More information will be available soon



Year 12 Cake Stall



Recess

31st March

**Prices start
at 50c**

**VOTE 1
On Election Day**

**CCS
Autumn Fair
Saturday 28th
March**



CCS Autumn Fair
Raffle
Drawn 28th March
2015

Prize:
**Giant
Food
Hamper**

\$1 per
ticket

Name:

Phone:

CCS Autumn Fair
Raffle
Drawn 28th March
2015

Prize:
**Giant
Food
Hamper**

\$1 per
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Name:

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CCS Autumn Fair
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Prize:
**Giant
Food
Hamper**

\$1 per
ticket

Name:

Phone:

Principal's news with Mr Brendan Maher



Last week we relaunched our Positive Behaviour for Learning (PBL) program where we have now combined all reward/merit systems into the one process. As a school we value input from our students as to the direction of the PBL program at school, as everything we do at Coolah Central School is for the benefit of the students. Included in this week's newsletter are more details for parents to review so that they also familiar with the processes being used at school. The idea behind PBL is simple; recognise the great work of students more frequently and meaningfully. This is also based on the parent surveys conducted at the end of 2014 and through consultation with the P&C and staff.

After the positive feedback from parents and students regarding our implementation of PBL Letters to recognise exemplary efforts more often, the sticker and band system is one more element to recognise students work in class and by meeting our focus areas, which are developed in full consultation with the students. This is part of our program to build the student leadership across our school by allowing them to give input into improving the school for them.

As mentioned in a parent handout last Thursday, at last weeks P&C AGM we were unable to fill all executive positions vacated by the outgoing executive members. I want to thanks the outgoing executive of Ro McDonald, Penny Guilder, Lucinda Miller and Kimba Thomas and congratulate Barb Baker (Vice President) and Lucinda Miller (Treasurer / Public Officer) who were elected in at the AGM. Without an elected President and Secretary the P&C are unable to plan fund raising activities for the school, funds that heavily subsidise whole school programs and resources, such as book packs, textbooks and excursions. I invite all parents to come along to the next meeting on the 21st of April to enable us to fill the vacant executive positions, allowing the P&C to operate for 2015. The outgoing executive will fulfil all commitments planned by the P&C until the end of the term, the new executive being responsible for events from Term 2.

The next two weeks at Coolah Central School are very busy with our 2015 Autumn Fair being held at the school this Saturday, commencing at 8am. The NSW State Elections will also be held on site this Saturday, therefore there will be signs to demarcate the various areas. There is ample parking across the road from the school and at the back of the site near Bowen Oval for both Autumn Fair patrons and voters. There will be disabled and elderly parking available in the school car park for the elections.

On the final Wednesday of the term we will be holding our first Parent and Teacher interviews for the year. Based on parent feedback we added an extra even last year, which is now being continued. All families are asked to

return their meeting requests to the front office so that an overall schedule can be developed.

As a "Keep the Date" for all families, on the 23rd and 24th of April, which is the first week back for Term 2, the Royal Far West Healthy Kids Bus Stop will be visiting Coolah. This program is in addition to the various programs we are already organising and delivering for the students at Coolah Central School. The service is primarily for children three to five years of age. There is further information included in this newsletter and the registration forms are available from the front office for all families, or call Royal Far West on 02 8966 8597. Royal Far West is a service within the NSW DEC that supports students with complex needs and their families. Coolah Central School is a partnership school with RFW and we access their services throughout the year. If you have any queries regarding this visit please contact the school.

Until next week

What's coming Up At CCS?

Week 9- Term 1	
Mon 23rd	Primary North West Rugby League
Tues 24th	Secondary Winter Trials - League, Soccer & Netball - Coonabarabran
Tues 24th	Quirindi Horse Sports Notes Due
Wed 25th	David Peachy, Russell Richardson Rugby League - Dunedoo
Wed 25th - Thurs 26th	Primary State Swimming Homebush
Thurs 26th - Sat 28th	Secondary State Swimming Homebush
Saturday 28th	AUTUMN FAIR
Week 10 - Term 1	
Mon 30th	Primary North West Soccer
Mon 30th - Tues 31st	HSC Music Workshop Newcastle
Tues 31st	Primary Zone Cricket Coonabarabran
Wed 1st April	<ul style="list-style-type: none"> Term 1 Assembly 11.10am CHS Combined Touch Parent Teacher Interviews
Thurs 2nd	<ul style="list-style-type: none"> Moorambilla Auditions Easter Hat Parade 11.30am
Fri 3rd	Good Friday - start of school holidays

Deputy Principal - Mr Mick McLeod



The term is set to end with a flurry; take a look at what's coming up and you will quickly get what I mean.

Of course this Saturday we will be hosting the Autumn Fair which looks set to be our biggest ever. It is such an important community event as well as being such an important fund raiser to support our kids' education that we hope you are all able to give it as much support as possible.

Last week we had the re launch of our "newly" designed PBL. The changes have come about through a long evaluation and consultation about what is best, and what can be improved at the school. You may remember last year being asked to undertake a survey of the school (Run by Insight from Victoria) which formed the basis of our development of the school plan for the next three years, and drove our re look at PBL. Late last year we consulted with Cobarr High School which is something of a "Lighthouse School" for PBL and with their ideas and the fantastic input of the current SRC have come up with the current model. It looks likely to be a winning formula if the first week is anything to go by.

Regular morning (working breakfast) meetings of the SRC/PBL group will continue to drive what happens in this area. We have a huge number of students of all ages representing in a variety of school sporting events in the near future and I wish them all the best of luck. As usual Coolah is punching well above its weight!

Let's hope we can get some much needed rain in the forthcoming days.

Thinkspot 100

Stayin Alive!

A Quick guide to Healthy Living

We sometimes take for granted the many benefits of where we live: Abundant fresh air with a minimum of pollution. Wide open spaces with no worries about congestion and the rat race; A quiet and peaceful setting, where constant noise isn't our daily companion. Easy access to "Farm Fresh" produce; the list goes on.

I don't want to paint a picture of perfection here because no place is **the** perfect place to live, but what we have is very good when we look at all the alternatives!

However despite the wonderful natural benefits life brings out here I still think we need to remind ourselves of what we need to do to stay healthy and maximise our lives:

Eat well:

Less fatty food, less sugar and processed food: More fresh fruit and veggies.

Sleep Well:

We all need time to regenerate our bodies and minds...sleep does it best!

Exercise:

Regular exercise and physical activity keeps our bodies working.

Using our minds, reading, staying alert keeps our brains ticking over.

Spend Quality time with those who matter in our Lives.

Good social connections with our families and friends and staying actively part of the community is good for our soul and is a recipe for happiness.

Take Time for Ourselves:

**Give yourself a fair go by making sure you treat yourself kindly;
at least some of the time!**



Be sure to make the best of your life by living healthily!

Think your way to Success!

Think Spot by MM©



REMEMBER TO CHECK K-6, 7-12 OR WHOLE SCHOOL NEWS FOR INFO WHICH AFFECTS ALL STUDENTS



Kindergarten/Year 1 News - Mrs Simmons

Our class captains for this week are *Sophia* and *Josh*.

Our Big Breakfast last week was delicious! A big thankyou to Miss Tan and her helpers for providing the yummy food.

Our Autumn Fair is on this Saturday and excitement is definitely mounting! We will be selling showbags and artwork (which we have made ourselves). If you are able to assist with the running of this stall please let me know tomorrow and if you are able to donate anything for the hamper or the Trash and Treasure stall it would be greatly appreciated. Let's hope that our Autumn Fair is very successful as the money raised goes towards subsidising our excursions.

Kindy's Homework is **Unit 7** and Year 1's Homework is **unit 8**. The Homework has been spectacular so well done everyone. This week Kindy will learn the sight words **up, down, yes, no** and **me** and Year 1 will learn words which have the "o" sound in them.

It has been great to see so many children reading regularly at home. It certainly helps!!

Congratulations go to the following children who have

completed 25 nights of home Reading:- *Matilda, Lakkita, Zoe, Amber, Elke, Angus, Evan, Claudia, Jessi* and *Ryan*.

Congratulations also go to all of the Kindies who received a merit certificate for settling in well at school at our K-6 assembly last Friday.

Sip and Crunch every day.

Wednesday- Library. Please remember to return Library books each week in a waterproof Library bag. Our K/1 zoo note was sent home last week. If you didn't receive one, please let me know tomorrow.

Our new PBL (Positive Behaviour for Learning) programme has been relaunched and the children have been proudly wearing their PBL wrist bands. Well done to everyone who has earned the privilege of wearing these bands so far. These bands need to be worn to school each day so that we are able to update them as the need arises.

Next week we will be having our Easter hat Parade. We will make our hats at school. We will also be having an Easter Egg raffle and so any donations of eggs would be greatly appreciated.



Year 1/2 News - Mr Rowlands

Some great homework completed again last week, well done and thank you to all the students who complete and hand in their homework for marking each week. Could parents please remind their child each Friday to pack their homework as well as their library book as this is each Friday also. This week will be the last week of homework for the term so it would be great if everyone could complete and hand in their work.

Some terrific results once again last Friday in our weekly spelling and maths assessments. Our 100% correct spellers last week were Alice, Adysen, Tia, Sienna, Indie, Tom, Isaac and James. The results in Maths were just as impressive with Adysen, Sienna, Indie, Isaac, Ben, James and Marcus scoring greater than 90%. Blair, Seth, Josie, Clare, Maddison, Lachlan and Wyatt all improved from last weeks results which deserve a special mention. Well done!!

This week in Literacy groups we will be focusing on the spelling sound 'o' as in orange and 'a' as in watch. We take a close look at these sounds in unit 9 of our Soundwaves book this week as well as focus on the letter

'O,o' in our handwriting books. The grammar focus this week looks at synonyms and antonyms which are words that are similar or the opposite.

This will be our last week practising the chipping and putting skills of golf. Everyone has shown great improvement over the term and it was also great to see some of the infants students at the local charity golf day held at the Coolah golf course yesterday. Well done.

Remember this Saturday is the Autumn Fair, 1/2 will be finalising their artworks for the fair this week. You will be able to purchase your childs artwork for \$5.00 with all monies raised on the day going towards subsidising students school excursions.

Have a great week 9.





Year 3/4 News - Mrs Ferguson & Mrs Burgess

Congratulations to Jyeson who competed in the Primary Zone Southern Rugby League last Tuesday! Well done!!

Keep up the good work in homework books. We are up to Contract 8 this week. Please return books on Friday if not before and they will be ready to go home in Term 2!! Make sure you practise the spelling words this week as they are now more challenging!

There will be no homework in the last week as it is a short week with extra activities.

Reading Awards last week went to Grace and Hamish for 25 nights reading, well done!!

Spelling lists have been made a little more challenging so fewer zero errors last week. Very well done to Charlotte and Phoebe E from Year 4 and Fiora, Maggie and Lachlan from Year 3 who still had outstanding test results last Friday.

Primary Assembly Awards last Friday went to Kane for his effort in class and Jyeson for being helpful, friendly and cooperative at all times.

Our Autumn Fair is next Saturday, 28th March!

The primary classes will be working together on several stalls including Trash and Treasure and the Cake stall. We would love parents to think about their "treasures" they no longer need and planning cakes or slices they could make for the stall. These donations would all be much appreciated.

The students have been bringing along grocery items for our monster raffle. For each item students will receive an entry into their own student raffle with the prize being a \$20 gift voucher to spend at the fair!!!

See you at the FAIR!




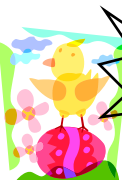



Duri Horse Sports

Duri Horse Sports has been postponed until further in the year. We will advise you of the new date when it becomes available.

Easter Egg Raffle

CCS are asking for donations of Easter Eggs to raffle at the Easter Hat Parade which will be held on Thursday 2nd April at 11.30am. Raffle tickets will be sold at the door for \$1 each.

Please bring your eggs to the front office.

CCS Easter Raffle Drawn 2nd April 2015	CCS Easter Raffle Drawn 2nd April 2015	CCS Easter Raffle Drawn 2nd April 2015	CCS Easter Raffle Drawn 2nd April 2015	CCS Easter Raffle Drawn 2nd April 2015
				
\$1 per ticket	\$1 per ticket	\$1 per ticket	\$1 per ticket	\$1 per ticket
Name:	Name:	Name:	Name:	Name:
Phone:	Phone:	Phone:	Phone:	Phone:



Year 4/5 News - Mrs Wilson

English- This week we will continue to work through our unit on Narrative text writing. I will be endeavouring to help the students to strengthen their use of descriptive writing, as they set the scene (orientate) their stories this week. We have discussed how figurative language (similes, metaphor, alliteration, personification and onomatopoeia etc) can help engage their readers through their sense of sight, smell, touch, hearing and even taste and I look forward to seeing how the students use these techniques in their writing.

Mathematics

Year 4 students have been working through a number of addition and subtraction methods. We have looked at the written methods of subtraction and addition and will continue to do some more practice prior to our end of unit test which will be either late this week or early next week. I would like to encourage all students to revise their strategies using mathletics as a method of study for our test.

Science and Technology & HSIE- we will be having a short revision test this week based on our two units- solids, liquids and gases and early exploration so I can gauge the students understanding and assess their progress.

PBL- We have changed our PBL (positive Behaviour for Learning) Program to include bands and a variety of incentives for students to aspire towards. More explanation can be found in the newsletter

Sport- Please note David Peachy and Russell Richardson shields are to be held in Dunedoo this Wednesday. For Further information please contact Mr Rowlands as he is the school contact for this event.

State Swimming- Good luck to our Junior boys relay team who will be competing at the State Carnival on Thursday morning.

Easter Hat Parade- Our Easter Hat Parade will be on Friday of next week- Students are encouraged to bring their own decorations to add to their hats which will be made at school (except state swimmers who will miss our

Thursday art lesson). Students have spent time during our art lesson on Thursday designing their own Easter hats and are aware of the equipment they require to build their creations. There will be some supplies at school however, if the students required additional equipment they are encouraged to bring their own. They will be creating on Thursday of this week, meaning they can wear their hats at the Autumn Fair on Saturday.

Autumn Fair- 4/5 students along with 3/4 students will be running the cake stall and the trash and treasure extravaganza. If you are able to donate any cakes or treasure it would be greatly received.

Parent Teacher Interviews- Please be aware parent teacher interviews are to be held on Wednesday next week. Interview time slot sheets have gone home and can be returned to the front office for collating. As there are a large number of students in each class we will do our best to cater for the time slot you have suggested however, this is sometimes very difficult and a different time may be allocated for your interview. The cream sheet will be returned via the students with a confirmed time slot prior to the interview day.

Grandfriends Day- will soon be upon us. It is to be held on Friday the 1st of May. All Grandparents and grandfriends welcome to attend a fun filled afternoon with your precious grandchildren. Please let grandfriends know so they can save the date and organise travel arrangements



Quirindi Horse Sports

Entry forms are now available from the front office for the Quirindi Horse Sports to be held on Monday 27th April 2015. All Entry forms must be returned back to the front office by **Tuesday 24th March**.



Year 5/6 News - Mrs Wesley

Our PBL launch last week was a huge success and many students have already achieved black bands and yellow bands that included a small canteen voucher. Congratulations to everyone who has worked hard or played hard to earn their stickers and bands.

Merit certificates were awarded to Bonny and Logan at last Fridays K-6 Assembly. Congratulations on your outstanding achievements.

Spelling results have improved last week with many more students achieving 100% in their lists. Congratulations to Sophie, Emma, Wyatt, Henrietta, Ebony, Logan and Ryan.

This week is quite a busy week with many students involved in various sporting events. Good luck to all our David Peachey and Russell Richardson player who are going to Dunedoo on Wednesday. Good luck also to Noah and Mathew who are both trialling for positions in the North west Rugby League squad today.

This weekend is the much anticipated Autumn Fair. Please bring in any cakes/ slices for the fair on Friday or drop them off Saturday morning. Any students that are coming to fair and would like to spare some time to help man the stall and games avenue are most welcome.

This week in class:

Homework is Unit 7 and spelling words should also be included with the unit. Please return books on Friday.

Spelling: the focus this week is 'o' as in 'orange' and the activities will include word origins and synonyms/ antonyms

Writing: this week students will be given a picture stimulus to write about and the emphasis will be on descriptive passages. We will continue with Narrative theme

Science: new topic— Biological Science-Living Things
History: new topic- the Impact of Major Events.

Art/Craft: it's that Easter time of year again. Everyone is encouraged to bring in crafty bits and pieces to design and make a hat. I am able to supply cardboard strips to use as the base if that is required however all decorating or different designs will need to be supplied by students.

A very happy birthday goes out Mathew who celebrates on Friday. Have a wonderful day.

Have a great week everyone and keep working hard. Only 2 weeks to go.



David Peachey - Russell Richardson Football

All students attending the David Peachey and Russell Richardson football on Wednesday this week are to wear their **School Sports Uniform** on the day and to be at the Dunedoo oval at 9.00am for a 9.30am start.

Secondary Sport

- Good luck to all our sportsmen and women who are representing CCS this week.

Students representing at State Swimming are Caitlin Size, Georgia Bennetts, Georgiah Nye, Grace Brown and Braydon Burgess.

Students representing at Coonabarabran on Tuesday vying for a spot in North West are Fiona Anlezark, Kristen Furley, Grace Brown, Hugh Wesley, Jarrod Douglass, Justin Mogg, Sam Wesley, Blake Carlyle, Austin Burgess and Braydon Burgess.

- Sport this week will be sport choices and boys cricket.

Immunisation Program

Immunisation envelopes have been handed out today to students in Year 7, 11 and 12. The program is for boys and girls from these years.

Immunisation program for Year 7, 11 & 12

Monday April 27th
Tuesday July 14th
Monday November 9th

Primary Representative Sport North West Tennis

On Friday 13th of March, Jock Ranken attended the Primary Boys North West Tennis Trials in Tamworth. Jock had an outstanding day winning many of his pool matches to progress to the knockout stage of the Tournament. In the knockout stage, 8 boys play matches to choose the 5 players chosen for the North West Team. This is a fabulous achievement for a year 4 student in an open primary competition. Congratulations Jock.

Southern Zone Rugby League

On Tuesday 17th of March, 14 Coolah Central School Boys travelled with Mrs McMaster to the Southern Zone Rugby League Trials at Gunnedah. In the Coonabarabran Zone under 11's, Noah Moore, Matt Hungerford, Roy Kuchel, Campbell Thompson, Charlie Gilder, Jyeson Pike and Logan Pike played some wonderful football against Coonamble and Tamworth Zones. In the Open side which was managed on the day by Mike Blake, Ethan Hepplewhite, Fabian Douglass, Kye Blake, Brendon Sternbeck, Logan Gillbert, Jordan Sternbeck and Jake Burgess showed some excellent skills against Coonamble and Tamworth. This led to Fabian Douglass, Kye Blake, Brendon Sternbeck, Logan Gilbert, Noah Moore, Charlie Gilder and Matt Hungerford being selected for the possibles / probables teams. This is an outstanding achievement for those boys as each age group had over 70 students competing for the 26 spots on offer. When the Southern Zone Teams were announced Matt Hungerford and Noah Moore were chosen to attend the final trial in Tamworth on Monday 23rd of March.



Southern Zone Soccer

On Friday 20th of March, Brendon Sternbeck and Jordan Sternbeck attended the Primary Boys Southern Zone Soccer at Gunnedah. Both boys played well on the day and showed great sportsmanship throughout the day. Congratulations to all boys who attended these trials. You played all your games in great spirit and your behaviour was fantastic.



From 2014-2018 Australia is commemorating the sacrifices made by our Soldiers during World War One.

This year marks the hundredth anniversary of the landing at Gallipoli and the birth of ANZAC. In light of this momentous anniversary Coolah Central School are going to run a whole day of activities to help our students to

understand the significance of this day. This will be on the 28th April, in Term 2. The morning will include an Anzac Day Service to be held out the front of the school at 11.00am.

As a way to honour and thank our armed forces, we are going to be putting together a number of care packages to be sent to servicemen and servicewomen that are currently serving overseas. We ask that each student donate one item to be included in the care packages.

Australian Defence Force Care Packages

CCS are once again doing care packages to send to our ADF members posted overseas. Some of the items to send are listed below. If you can help in any way it will be greatly appreciated

<u>Food</u>	<u>Toiletries</u>	<u>Other Ideas</u>
♦ Anzac Biscuits	♦ Deodorant (non aerosol)	♦ Magazines
♦ Salted Peanuts	♦ Shaving Cream (non aerosol)	♦ Puzzle books
♦ Muesli bars	♦ Small Talcum powder	♦ DVDs
♦ Instant Noodles	♦ Disposable razors	♦ Socks
♦ Lollies	♦ Shower Gel	
♦ Small tinned consumables	♦ Lip Balm	
♦ Non perishable food		

ANZAC Day BBQ

CCS will be having a BBQ lunch on Tuesday 28th April to coincide with our ANZAC Day ceremonies. Lunch will consist of a sausage sandwich, drink and icy pole. If you would like to order lunch please fill out the order slip below and send to the front office.

ANZAC Day BBQ Lunch - Tuesday 28th April 2015

Cost \$5.00 per student

Student/s name.....Class.....

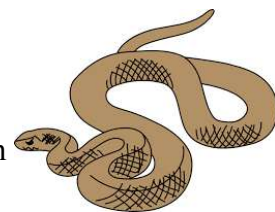
Number of sausage sandwiches

Money enclosed \$.....

Signed.....

Date.....

First outing for The Cattle Club



A HUGE amount of students turned out last Monday for the first time for Cattle Club in 2015.

23 enthusiastic students from Yr 5 to Yr 11, 30 sheep, 2 Alpacas and 1 unexpected brown snake all attend the Ag plot after school on Monday to learn about how to handle livestock with minimum stress. (The brown snake caused considerable stress for Charlie G and Johnty who found him and Mrs Kuchel! Fortunately the snake went away without any incidence).

With such a large group, it was really hard for everyone to have a turn at mustering and handling so for the next two weeks, the group is being split into two groups. This will give everyone a chance to handle livestock properly and under supervision.

Group 1 will attend today (Monday 23rd March) and Group 2 will attend next Monday (30th of March). A note has been sent home to parents, a notice board has been put up and any queries can be directed to Mrs Kuchel at the school on 6377 1101.



Noah catching a sheep

Demonstrating how NOT to handle sheep!



Off to muster



BREKKY CLUB

Last week was a great start to the breakfast program with everyone walking enthusiastically walking around the oval.

We would like to thank our sponsors below for their contributions.

- Eggs are donated by Anne Mumford
- Milk is donated by H.O. Haynes IGA - Coolah
- Bacon donated by Keyhaze Pty Ltd from Coolah
- Milo is donated by Apache Angus
- Fruit juice, cereals, cheese, fruit toasts, bread, crumpets and honey and are provided with funds donated by our major sponsor - Soroptimist International of the Hills district.



Eat well to work well.

If you can contribute, in any way, to our very worthwhile program, please contact me at the school. Thank you.

Soo Tan
Breakfast Co-ordinator



**Keyhaze
PTY LTD**
63771549

SECONDARY SCHOOL ASSESSMENT/ASSIGNMENTS

Can parents and guardians please check students diaries as there may be additional homework or teacher correspondence

Year 7	History - Weekly Homework History - Historical terms revision sheet	Friday
	Maths - Homework	Ongoing
	Music - Aural Prac	Wk 9 Ongoing
7/8	Food Tech - Cupcake Design – Cooking Ingredients	Week 2, Term 2
Year 8	Maths - Homework	Ongoing
	History - Weekly Homework	Friday
	English - Revision for Topic Test	Friday
	Food Technology - Cupcake Design	Ongoing
<p style="text-align: center;">YEAR 8 History On Wednesday of Week 10 we will be working on making Viking Shields. If you are available to come and help after the assembly can you please let Mrs Riley know?</p>		
Year 9	Maths - Homework	Ongoing
	Food Technology - Food Equity Assessment	Week 9
	Geography - Landforms and Features	22 nd April
	History - WWI Soldier Assessment	Friday, Week 9
9/10	PASS - Extreme Sports Assessment	2 nd April
Year 10	English - Work on speech	ongoing
	Food Technology - Food Equity Assessment	Week 9
	Maths - Homework	Ongoing
	Geography - Unique Australia Presentation	31 st March
	History - Personality Profile Card	24 th April
Year 11	SLR - Games Assessment	Week 9
	Ag - working on Farm Case Study	Tues Week 1 Term 2
	Food Technology - Review Questions - Case Study	Every Week
	Modern History - Meiji Report Meiji Summary Historical Investigation	Friday Week 10 Week 1 – Term 2 Week 5, Term 2
Year 12	IT Metals - Folio Development	Ongoing
	Modern History - Foreign Policy Booklet	Week 10 Week 10
	Food Technology - Assessment	Week 9
	Food Technology - Review Questions - Case Study	Every Week
	SLR - Games Assessment	Week 9
	Standard English - Complete Red Booklet for Distinctively Visual	Friday, Week 9
	I.T Metal - Folio Development	Ongoing

Where will the Program be held?

Coolah Central School Hall
Coolah Central School

How much will it cost?

The Healthy Kids Bus Stop is FREE.

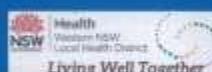
How do I register my child?

Bookings are essential - please call Royal Far West on 1800 500 061 or 8966 8500 to register. A time slot will be selected that suits you and your child. Please note that the duration of your appointment will be dependent on the health needs of your child. Appointments can take between 1 ½ - 2 ½ hours to complete.

What do I need to bring?

- Your child's Blue Book
- Your child's hat
- Your child's drink bottle

The Healthy Kids Bus Stop is an initiative of and proudly delivered in partnership by:



For further information please contact:
Healthy Kids Bus Stop Team
Royal Far West
Tel: 02 8966 8500
raymondad@royalfarwest.org.au

HEALTHY KIDS BUS STOP

Coolah
23 and 24 April



ABOUT THE HEALTHY KIDS BUS STOP

The Healthy Kids Bus Stop is a whole-of-child health screening, assessment and integrated pathway to care program for children aged 3-5 years old.

The Program aims to improve the health and well-being of children living in rural and remote communities through early detection of lifestyle risk factors, delayed development and/or illness.

It is a fun and interactive Program where children progress through 'bus stops', hopping on and off at each stop in order to complete their health assessment. Children are given a bus pass and receive a stamp in the bus pass at each stop along the way.



The Bus Stops include:

- **Child Health and Development** - undertaken by a Child and Family Health Nurse, this assessment aims to gather health information, identify health problems and promote healthy lifestyles. The health check includes a hearing, vision and physical check; an assessment of oral health and immunisation status; and questions about the child's development and emotional wellbeing.
- **Oral Health** - this assessment is undertaken by a Dental Therapist and aims to identify any oral health problems, promote the importance of regular brushing and healthy food choices.
- **Hearing** - undertaken by an Audiometrist, this check aims to identify any hearing loss that may be impacting on the child's social, emotional and cognitive development.
- **Food and Nutrition** - this check is undertaken by a Dietitian and supports parents to understand the child's food and fluid intake needs for their growth and development.
- **Speech and Language Development** - undertaken by a Speech Pathologist, this check identifies whether the child's speech, language and communication development is appropriate for their age.
- **Fine and Gross Motor Skill Development** - this assessment is undertaken by an Occupational Therapist and assesses whether the child is meeting their milestones with their fine and gross motor skill development.

At the conclusion of the Healthy Kids Bus Stop a multidisciplinary case conference is undertaken. Each child's health assessment is reviewed and used to develop a coordinated referral pathway. The pathway may include referral to Royal Far West, the Local Health District, Medicare Local or other local services and includes the child's local GP and Child and Family Health Nurse as key coordinators of the care. Local schools and services also support the child's identified health needs and follow up care.

